

Step Ahead Ashburton - Hepetema / September 2026

Rāhina - Monday	Rāapa - Wednesday	Rāmere - Friday
	2	4
	10:00 Coffee Morning - socialise and have a cuppa 10:30 Day Trip to Wakanui Beach - fish, stroll or relax with a cuppa 	10:00 Coffee Morning - socialise and have a cuppa 10:30 What's Happening in the Community this month 11:00 Puzzles and Games - Bananagrams, Yahtzee or try a new puzzle 12:00 Lunch - Beef Hotpot \$3.50 1:00 Open Craft - colour letters for Starship Hospital or bring your own project 1:00 Daffodil Picking - bring home a bunch of flowers and meet farm animals \$5.00
7	9	11
10:00 Coffee Morning - socialise and have a cuppa 10:30 Paint or decoupage rocks to place at Ashburton Hospital 10:30 Pottery or Open Craft - make a jewellery tree or glaze items already made \$2.00 1:00 Mini Golf at EA Networks 1:00 Open Craft - bring your own craft project to work on 	10:00 Coffee Morning - socialise and have a cuppa 10:30 Sewing Group - sew a glasses case or carry on with previous projects \$2.00 10:30 Cyanotype Printing - make prints on fabric to use in future sewing projects \$2.00 1:00 Open Craft - bring your own craft project to work on 1:00 Walk on the Ashburton River Trail - from the Tinwald side of the Ashburton Bridge	10:00 Coffee Morning - socialise and have a cuppa 10:00 Horse Therapy at Dayboo Clydesdale Stud \$5.00 10:30 Open Craft or Card Making with Janet - make gift cards for friends and family \$2.00 1:00 Decorate Gift Boxes - for sending to children around the world at Christmas time 1:00 Walk around Ashburton Domain 
14	16	18
10:00 Coffee Morning - socialise and have a cuppa 10:30 Op-Shopping - look for items to use in future craft projects 10:30 Puzzles & Games - Bananagrams, Yahtzee or try a new puzzle 1:00 Swim at EA Networks Centre 1:00 Open Craft or Acrylic Painting - paint an abstract landscape	10:00 Coffee Morning - socialise and have a cuppa 10:30 Cooking on a Budget - Beef Nachos & Salsa. Bring a tomato \$2.00 10:30 Open Craft - bring your own project to work on 1:00 Guest Speaker - Carolyn Prebble from ASB Bank will talk about how to avoid scams and fraud 	10:00 Coffee Morning - socialise and have a cuppa 10:30 Member/Staff Liaison Meeting - provide feedback and suggestions to develop Step Ahead and the activities programme 11:00 Housie - bring a \$2 prize or play for fun 1:00 Tree of Life Workshop - a Lived Experience Voices Group
21	23	25
10:00 Coffee Morning - socialise and have a cuppa 10:30 Pottery or Open Craft - make a candle holder or glaze items already made \$2.00 10:30 Music Appreciation - enjoy music videos from the early 2000's 1:00 Open Craft - bring your own project to work on 1:00 Walk and a cuppa at Lake Hood 	10:00 Metal Detecting - at nearby locations 10:00 Coffee Morning - socialise and have a cuppa 10:30 Visit Cold Stream Rest Home - colour letters for Starship Hospital with residents 1:00 Open Craft or Felting - wet-felting project or needle-felt flowers \$2.00 1:00 Walk around Ashburton Domain - enjoy the spring flowers	10:00 Coffee Morning - socialise and have a cuppa 10:30 Day Out Agate Hunting - look for Agates in the Ashburton River near Wakanui 10:30 Open Craft or Indoor Gardening - learn to grow your own microgreens \$2.00 1:00 Open Craft - bring your own craft project to work on 
28	30	
10:00 Coffee Morning - socialise and have a cuppa 10:30 Guest Speaker from the Electoral Commission - tips to ensure you can vote in the 2026 General Election in November 1:00 Open Craft - bring your own project to work on 1:00 Guided Tour of the Resource Recovery Park - and browse the Re-use Store. Wear enclosed shoes	10:00 Coffee Morning 10:30 General Knowledge Quiz - test your knowledge 10:30 Cooking on a Budget - Spinach & Cheese Rolls. Bring an onion \$2.00 1:00 Open Craft or Decoupage Art - sea shells \$2.00 1:00 Golf Driving Range at Ashburton Golf Course \$2.50 	