














STEP AHEAD – RANGIORA WEDNESDAY / RĀAPA – SEPTEMBER 2019

Pick up (by arrangement) from Kaiapoi and Amberley

Rāapa 4 th	Rāapa 11 th	Rāapa 18 th	Rāapa 25 th
<p>10:00 Coffee Morning</p> 	<p>9:30 Day out to Akaroa (Kāi Tahu Māori) to see the local attractions</p>	<p>10:00 Coffee Morning</p> 	<p>10:00 Day out to Orton Bradley Park for walking and games</p>
<p>10:30 Visit to local Sallies Op Shop</p> 		<p>10:30 Collating Newsletter & Programmes for mailing</p>	<p>Bring your own lunch</p>
<p>11:15 Meals on Wheels</p> 	<p>Bring your own lunch</p>		
<p>12:30 Bring your own kai</p> 	<p>Includes a stop at Barry's Bay Cheese Shop</p> 	<p>12:30 Bring your own lunch with Tea/Coffee for Volunteers</p> 	
<p>1:30 Walk at Waikuku Beach</p> 		<p>1:30 Afternoon in Silverstream Township</p> 	

War Memorial Hall, Cnr Albert St & High St

BOOKINGS ESSENTIAL Phone 0800 688 732 or txt 022 173 1673