



















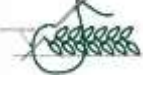





# STEP AHEAD PURIRI ACTIVITIES – 9 Puriri St – September 2019

Mahe Monday		Turei Tuesday		Weneri Wednesday		Taite Thursday		Paraire Friday	
<p><b>2</b> 9:30 <a href="#">Coffee Morning</a> 10:00 <a href="#">Swimming</a> at Jellie Park (\$3.50) 10:00 <a href="#">Tai Chi</a> with Mike (\$3.00) 10:00 <a href="#">Technology Group</a> – bring cell phone, camera or any tech gear plus questions 12:00 Bring your own lunch 1:00 <a href="#">Walking Group</a> 1:00 Trip to Creative Junk and Op Shops</p> 		<p><b>3</b> 9:30 <a href="#">Coffee Morning</a> 10:00 Trip to Sumner Library 12:00 Bring your own lunch 1:00 <a href="#">Ten Pin Bowling</a> (\$6.00) 1:15 <a href="#">Swim/Aqua Jog</a> at Pioneer (\$3.50)</p> 		<p><b>4</b> 9:30 <a href="#">Coffee Morning</a> 10:00 <a href="#">Art Group</a> (\$2.50) 10:00 Indoor Bowls 12:00 Bring your own lunch 1:00 <a href="#">Mosaics</a> (\$4.00 plus cost of board) 1:30 <a href="#">Table Tennis</a> at Table Tennis Canterbury on Blenheim Road (\$1.00)</p> 		<p><b>5</b> 9:30 <a href="#">Coffee Morning</a> 10:00 <a href="#">Walking Group</a> 10:30 <a href="#">Meals on Wheels</a> 12:00 Bring your own lunch 1:00 <a href="#">Sewing</a> with Petra (\$1.00) 1:00 Beach clean-up @ New Brighton with free sausage sizzle for volunteers</p>  <p>4:00 Depart for Dinner at Hoofbeats Restaurant (Meals from \$16.50)</p>		<p><b>6</b> 9:30 <a href="#">Coffee Morning</a> 10:00 Working Bee 12:00 Bring your own lunch 1:00 <a href="#">Urban biking</a> with Stanmore (\$2.50 bike hire or bring your own)</p>  <p>9:00 Depart for Peel Forest. BYO lunch. Historic forest walks and big trees.</p>  <p>Return by 4:00pm</p>	
<p><b>9</b> 9:30 <a href="#">Coffee Morning</a> 10:00 <a href="#">Tai Chi</a> with Mike (\$3.00) 10:00 <a href="#">Healthy Cooking for One</a> – Chicken Fettucine - bring 1 medium boneless chicken breast and \$1.00, bookings by 9am 12:00 Bring your own lunch 1:00 <a href="#">Walking Group</a></p>  <p>9:30 Depart for Arthurs Pass and attempt to find snow to build a snowman</p>  <p>Return by 4:30pm</p>		<p><b>10</b> 9:30 <a href="#">Coffee Morning</a> 10:00 <a href="#">Mosaics</a> (\$4.00 plus cost of board) 12:00 Bring your own lunch 1:00 <a href="#">Ten Pin Bowling</a> (\$6.00) 1:15 <a href="#">Swim/Aqua Jog</a> at Pioneer (\$3.50)</p> 		<p><b>11</b> 9:30 <a href="#">Coffee Morning</a> 10:00 <a href="#">Craft Group</a> – Resin jewellery &amp; key rings (\$2.50) 10:30 <a href="#">Meals on Wheels</a> 12:00 Bring your own lunch 12:00 Depart for CBS concert – Mozart trio in G, Dvorak Dumky Trio (\$5.00), bring your own lunch 1:00 <a href="#">Badminton</a> at Cowles Stadium (\$2.50)</p>  <p>4:00 Depart for Dinner and Karaoke. Quiche, veggies &amp; dessert (\$4.50)</p>		<p><b>12</b> 9:30 <a href="#">Coffee Morning</a> 10:00 <a href="#">Walking Group</a> 10:00 <a href="#">Music Appreciation</a> 12:00 Bring your own lunch 1:00 <a href="#">Op Shopping</a> @ Rangiora 1:00 <a href="#">Women's Group</a> – Walk at the Botanic Gardens Daffodil Lawns</p> 		<p><b>13</b> 9:30 <a href="#">Coffee Morning</a> 10:00 Exercise at Puriri 10:00 <a href="#">Craft Group</a> – Imitation, stained glass windows (\$2.50) 12:00 <a href="#">Men's Group</a> – Street food market in Cathedral Square followed by walk around new city landscape 12:00 Bring your own lunch 1:00 <a href="#">Open Craft</a> – bring along a project to work on and share ideas</p> 	
<p><b>16</b> 9:30 <a href="#">Coffee Morning</a> 10:00 <a href="#">Swimming</a> at Jellie Park (\$3.50) 10:00 <a href="#">Tai Chi</a> with Mike (\$3.00) 10:00 Fun Quiz 12:00 Bring your own lunch 12:30 <a href="#">Member Staff Liaison Meeting</a> 1:30 <a href="#">Walking Group</a> 1:30 Craft - Make your own Snow Globe (\$2.50)</p> 		<p><b>17</b> 9:30 <a href="#">Coffee Morning</a> 1:15 <a href="#">Swim/Aqua Jog</a> at Pioneer (\$3.50)</p>  <p>10:00 Depart for Church Bay area for BYO lunch and foreshore walks</p>  <p>Return by 4:00pm</p>		<p><b>18</b> 9:30 <a href="#">Coffee Morning</a> 10:00 <a href="#">Art Group</a> (\$2.50) 10:00 <a href="#">News and Views Discussion Group</a> 12:00 Bring your own lunch 1:00 <a href="#">Mosaics</a> (\$4.00 plus cost of board) 1:30 <a href="#">Table Tennis</a> at Table Tennis Canterbury on Blenheim Road (\$1.00)</p> 		<p><b>19</b> 9:30 <a href="#">Coffee Morning</a> 10:00 <a href="#">Walking Group</a> 10:30 <a href="#">Meals on Wheels</a> 12:00 Bring your own lunch 1:00 <a href="#">Sewing</a> with Petra (\$1.00) 1:00 <a href="#">Gardening Group</a> - Veggie garden</p>  <p>4:00 Depart for Dinner at Kaiapoi Club (Meals from \$12.00)</p>		<p><b>20</b> 9:30 <a href="#">Coffee Morning</a> 10:00 Budget Lunch Preparation 10:00 <a href="#">Craft Group</a> – Paper bunting decorations (\$2.50) 12:00 <a href="#">Budget Lunch</a> – Silverside, mashed potato, veggies and fruit (\$4.50), bookings by 9am 12:00 Bring your own lunch 1:00 <a href="#">Beginners Tramp</a> – White's Crossing to The Groynes (flat) 1:00 Jewellery Making (\$2.50)</p> 	
<p><b>23</b> 9:30 <a href="#">Coffee Morning</a> 10:00 <a href="#">Tai Chi</a> with Mike (\$3.00) 10:00 <a href="#">Healthy Cooking for One</a> – Italian Meatloaf. Members bring 150 grams of mincemeat and \$1.00, bookings by 9am 10:00 <a href="#">Music Appreciation</a> 12:00 Bring your own lunch 12:30 Depart for Mental Health Awareness Week Walk, followed by a sausage sizzle at Puriri Street 1:00 Preparation for Mental Health Awareness Week sausage sizzle</p> 		<p><b>24</b> 9:30 <a href="#">Coffee Morning</a> 10:00 Light Lunch Preparation 12:00 Bring your own lunch 12:00 <a href="#">Light Lunch</a> – Vegetarian Pizza (\$2.50) 1:00 <a href="#">Ten Pin Bowling</a> (\$6.00) 1:15 <a href="#">Swim/Aqua Jog</a> at Pioneer (\$3.50)</p> 		<p><b>25</b> 9:30 <a href="#">Coffee Morning</a> 10:00 <a href="#">Craft Group</a> – Learning Embroidery Stitches (\$2.50) 10:30 <a href="#">Meals on Wheels</a> 12:00 Bring your own lunch 1:00 <a href="#">Badminton</a> at Cowles Stadium (\$2.50) 1:00 <a href="#">Open Craft</a> - bring along a project to work on and share ideas</p>  <p>4:00 Depart for Dinner and quiz. Cottage Pie, veggies and dessert (\$4.50)</p>		<p><b>26</b> 9:30 <a href="#">Coffee Morning</a> 10:00 <a href="#">Walking Group</a> 10:00 Museum Exhibition – "The Water Project" 12:00 Bring your own lunch 1:00 Top Team Games at Beverley Park with Stanmore 1:00 <a href="#">Documentary Group</a></p> 		<p><b>27</b> 9:30 <a href="#">Coffee Morning</a> 10:00 Exercise at Puriri 12:00 Bring your own lunch 1:00 Woodwork Group</p>  <p>9:30 Depart for Ashley George BYO lunch, local walks</p>  <p>Return by 4:00pm</p>	
<p><b>30</b> 9:30 <a href="#">Coffee Morning</a> 10:00 <a href="#">Swimming</a> at Jellie Park (\$3.50) 10:00 <a href="#">Tai Chi</a> with Mike (\$3.00) 10:00 Working Bee and morning tea 12:30 Leave for old time movie at Brighton Museum (\$2.00 donation) 12:00 Bring your own lunch 1:00 <a href="#">Walking Group</a></p> 