






















STEP AHEAD - RANGIORA MONDAY - SEPTEMBER 2018

Kaiapoi pick up (by arrangement) at 9:30am from the Community Centre, Sewell St

Monday 3 rd		Monday 10 th		Monday 17 th		Monday 24 th
10:00 – 1:00 Active Life Celebration  	10:00 Day out to Rolleston for Swim at Selwyn Aquatic Centre (\$3.00) and visit to Rolleston Library - bring your own lunch 	10:00 Coffee Morning 	10:30 Walk at Woodend Beach 	10:30 Swim at Dudley Pool (\$2.50) 	10:00 Coffee Morning 	10:00 Day out to Boulevard Day in Ashburton and visit to Chertsey Book Barn - bring your own lunch 
				10:30 Lunch Prep 	10:30 Technology Support 	
				11:15 Meals on Wheels or Open Craft/Mandala Art 		
		12:30 Bring your own lunch 		12:30 Budget Lunch - Cold Meat, Salad & Dessert (\$4.50) 		
1:30 Walk at Waikuku Beach 		1:30 Member Staff Liaison Meeting 		1:30 Guest Speaker – Anna from Epilepsy NZ 	1:30 Swim at Dudley Pool (\$2.50) 	
		2:00 Magic Show with Tony H 	2:00 Pool at the RSA 			

86 Victoria Street, Rangiora

BOOKINGS ESSENTIAL Phone 0800 688 732 or txt 022 173 1673