

Step Ahead Puriri - Oketopa / October 2026

Rāhina - Monday	Rātu - Tuesday	Rāapa - Wednesday	Rāpare - Thursday	Rāmere - Friday
			1	2
Bookings for October open on Monday 21st September at 9am Bookings for November open on Tuesday 27th October at 9am	Parkrun at Riverlution Saturday 10th October Parkrun at Hagley Saturday 24th October See Kevin for for more details and to register	He Puna Taimoana New Brighton Hot Pools Saturday 31st October Leaving Stanmore at 9:30am Pay (\$9) to book by 22nd	10:00 Coffee Morning - socialise and have a cuppa 10:00 Walking Group - social walk with others 10:30 Deliver Meals on Wheels - round 44 1:00 Gardening - keep the garden tidy 1:00 Craft - make a clay bowl with doily pattern \$2.00 Tech Support appointments available today. Book as usual	10:00 Volunteer at Kauri Lodge Rest Home 10:00 What's happening in the Community this month 10:00 Slow Walking Group - local walk, gentle pace 1:00 Woodwork Projects - bring a project or assist with ours 1:00 Beginners Tramp - Halswell Quarry (uphill track)
5	6	7	8	9
10:00 Chair Yoga - at St Ninian's Hall \$3.00 10:00 Sewing - bring your own projects \$2.00 1:00 Swim/Aqua Jog - bring togs and a towel 1:00 Walking Group - social walk with others 	1:30 Ten Pin Bowling - socialise and have fun \$5.00 Step Ahead Closed until 1pm	10:00 Coffee Morning - socialise and have a cuppa 10:00 Art with Jen - instruction from a tutor 10:00 Tai Chi - exercise for mind and body \$3.00 10:30 Deliver Meals on Wheels - round 52 1:00 Mosaics - create decorative artworks \$4.00 1:30 Mini Golf at Ferrymead \$5.00 1:45 Table Tennis - for all abilities 4:30 Dinner - see Stanmore programme and book with Stanmore 	10:00 Craft - make moveable planter boxes (part 1) 10:00 Play Charades 1:00 Next Step Forum - have your say about our future direction 1:30 Young Adults (18 - 35years) Social Outdoor Sports - book with Stanmore and meet there 2:00 Craft - floral watercolour fridge magnets \$2.00 2:00 Games & Kōrero/Conversation - A Lived Experience Group Enabling Good Lives appointments available today. Book as usual	10:00 Walk'n Explore - Botanic Gardens and the Arts Centre 10:00 Working Bee - help keep Puriri tidy plus projects 10:00 Slow Walking Group - local walk, gentle pace 12:45 Volunteer at Willowbank - wear closed toe shoes 1:00 Woodwork Projects - bring a project or assist with ours 
12	13	14	15	16
10:00 Open Craft - bring your own project to work on 10:00 Gym at Parakiore - first timers please talk to staff when booking 1:00 Walking Group - social walk with others 1:00 Tech Group - What is AI? Bring your device if you have one 1:30 Woman's Group at Stanmore - Guest Speaker from the Cancer Society - book with Stanmore and make your own way there	10:00 Ten Pin Bowling - socialise and have fun \$5.00 1:00 Art Exhibition Opening Step Ahead Art Exhibition Opening Palms Shopping Centre Leaving Puriri at 1pm 	10:00 Practical Maths and Science - astronomy 10:00 Tai Chi - exercise for mind and body \$3.00 10:00 Craft - use Tī Kōuka/Cabbage Tree leaves to make rope \$2.00 12:45 Badminton - for all abilities \$2.00 1:00 Sewing - learn basic skills and make a drawstring bag \$2.00 1:45 Language and Culture Group 4:30 Dinner - see Stanmore programme and book with Stanmore	10:00 Coffee Morning - socialise and have a cuppa 10:00 Walking Group - social walk with others 10:30 Deliver Meals on Wheels - round 44 1:00 Bus to Papanui to visit Op Shops - bus cards provided 1:00 Young Adults (18 - 35 years) Sticker Making with Max the Therapy Dog \$2.00 Tech Support appointments available today. Book as usual	10:00 Coffee Morning - socialise and have a cuppa 11:00 Mental Health Awareness Walk from Puriri St to Stanmore Rd Mental Health Awareness Week Walk Puriri St to Stanmore Rd Transport back to Puriri provided
19	20	21	22	23
10:00 Yoga - at St Ninian's Hall \$3.00 10:00 Craft - beaded crocodiles \$2.00 1:00 Walking Group - social walk with others 1:00 Swim/Aquajog - bring togs and a towel 	10:00 Disc Golf at Jellie Park 1:00 Ten Pin Bowling - socialise and have fun \$5.00 	10:00 Coffee Morning - socialise and have a cuppa 10:00 Art with Jen - instruction from a tutor 10:00 Tai Chi - exercise for mind and body \$3.00 10:30 Deliver Meals on Wheels - round 52 1:00 Mosaics - create decorative artworks \$4.00 1:30 Walk to Ilam Gardens (25 mins) followed by a cuppa 1:45 Table Tennis - for all abilities 5:00 Dinner - see Stanmore programme and book with Stanmore	10:00 Young Adults (18 - 35 years) Lego Building at Stanmore - book with Stanmore and meet there 10:00 Craft - beaded wire hanger \$2.00 10:00 Dancing For Fitness - exercise to music 1:00 Kayaking on the Avon \$10.00 1:00 Craft - make moveable planter boxes (part 2) Enabling Good Lives appointments available today. Book as usual	10:00 Slow Walking Group - local walk, gentle pace 10:00 Open Craft - bring your own craft project 12:00 Lunch - Quiche and Coleslaw \$3.50 12:45 Volunteer at Willowbank - wear closed toe shoes 1:00 Team Building Outdoor Games - Four Square, Quoits etc 
26	27	28	29	30
Step Ahead Closed for Labour Day	1:30 Visit The Loft and find out about services offered 1:30 Ten Pin Bowling - socialise and have fun \$5.00 Step Ahead Closed until 1pm	10:00 Craft - make a Halloween cat 10:00 Tai Chi - exercise for mind and body \$3.00 10:00 Music Appreciation and Quiz 12:45 Badminton - for all abilities \$2.00 1:00 Explore Historic Graveyards at Linwood Ave and Barbadoes St 5:00 Young Adults (18 - 35 years) Dinner - see Stanmore programme and book with Stanmore 	10:00 Coffee Morning - socialise and have a cuppa 10:00 Walking Group - social walk with others 10:30 Deliver Meals on Wheels - round 44 1:00 Gardening - keep the garden tidy 1:30 Go-Karting - slow and faster rides available \$24.50 Tech Support appointments available today. Book as usual	10:00 Working Bee - help keep Puriri tidy and work on projects 10:00 Slow Walking Group - local walk, gentle pace 10:00 Craft - t-shirt printing \$2.00 1:00 Beginners Tramp - Waimairi Walkway Loop (flat, 2 hour walk) 1:00 Woodwork Projects - bring a project or assist with ours