


STEP AHEAD – RANGIORA WEDNESDAY - OCTOBER 2019

Pick up (by arrangement) from Kaiapoi and Amberley

Wednesday 2 nd	Wednesday 9 th	Wednesday 16 th	Wednesday 23 rd	Wednesday 30 th
10:00 Coffee Morning	10:00 Coffee Morning	10:00 Coffee Morning	10:00 Coffee Morning	10:00 Coffee Morning
10:30 Music Appreciation 	10:30 Game of Cards or Word Find 	10:30 Collating Newsletter & Programmes for mailing 	10:30 Horse Riding at Waimak River Horse Treks (\$15 for half hour or \$30 for 1 hour)	10:30 Fun Quiz 
11:15 Meals on Wheels 	11:30 Lunch at Stanmore Road – Filled Rolls and Fruit (\$2.50) or bring your own lunch.	12:30 Bring your own lunch 	Deposit of \$10.00 required by 16th October Bring your own lunch.	11:15 Meals on Wheels 
12:30 Bring your own lunch to have in Amberley Domain followed by a walk 	Followed by visit to the Step Ahead Art Exhibition at the Eastside Gallery 		12:30 Bring your own lunch Wear trousers and sensible shoes if horse riding 	12:30 Bring your own lunch 
		1:30 Afternoon in Oxford with Coffee/Tea for volunteers 		1:30 Visit the Northbrook Museum (\$5.00)

War Memorial Hall, Cnr Albert St & High St

BOOKINGS ESSENTIAL Phone 0800 688 732 or txt 022 173 1673