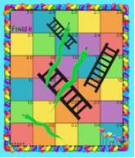




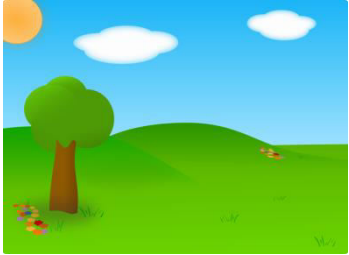






# STEP AHEAD - RANGIORA WEDNESDAY - OCTOBER 2017

Pick up (by arrangement) from Kaiapoi and Amberley

<p>Wednesday 4<sup>th</sup></p>	<p>Wednesday 11<sup>th</sup></p>	<p>Wednesday 18<sup>th</sup></p>	<p>Wednesday 25<sup>th</sup></p>
<p>10:00 Coffee Morning</p>	<p>10:00 Day Out to Waikuku Beach for BBQ with West Members (\$3.50)</p>	<p>10:00 Coffee Morning</p>	<p>10:00 Visit to Coniston Gardens in Ashburton (Cost \$4.00)</p>
<p>10:30 Board Games</p> 	<p>Followed by Tennis, Walks or Biking</p>	<p>10:30 Collating Newsletter &amp; Programmes for mailing</p>	<p>Bring your own lunch</p>
<p>11:15 Meals on Wheels</p> 			
<p>12:30 Bring your own lunch - Afternoon at Matawai Park</p> 		<p>12:30 Bring your own lunch</p> 	
		<p>1:30 Tea or Coffee out for Newsletter volunteers followed by walk</p> 	

War Memorial Hall, Cnr Albert St & High St

BOOKINGS ESSENTIAL Phone 0800 688 732 or txt 022 173 1673