

Step Ahead Puriri - Noema / November 2026

Rāhina - Monday	Rātu - Tuesday	Rāapa - Wednesday	Rāpare - Thursday	Rāmere - Friday
2 10:00 Chair Yoga at St Ninian's Hall \$3.00 10:00 Board Games - Rummikubb and Scrabble etc 1:00 Walking Group - social walk with others 1:30 Summer Overnight Camps Information Session - all members welcome	3 10:00 Brew with a View - Bottle Lake Forest 1:00 Ten Pin Bowling - socialise and have fun \$5.00 	4 10:00 Coffee Morning - socialise and have a cuppa 10:00 Art with Jen - instruction from a tutor 10:00 Tai Chi - exercise for mind and body \$3.00 10:30 Deliver Meals on Wheels - round 52 1:00 Mosaics - create decorative artworks \$4.00 1:00 Guest Speaker at Stanmore from Rodger Wright Clinic - accessible health checks. Transport provided 1:45 Table Tennis - for all abilities 4:30 Dinner - see Stanmore programme and book with Stanmore	5 10:00 Craft - make an upcycled plant pot \$2.00 10:00 E Scooter Learning Session \$2.00 1:00 Raptor Maze Challenge at Jurassic Adventure \$9.00 1:00 Young Adults (18 - 35 years) - tie dye a t-shirt \$2.00 Tech Support appointments available today. Book as usual	6 9:30 Bus Trip to Lyttelton and Corsair Bay - bus card provided 10:00 Craft - fabric wreath \$2.00 10:00 What's happening in the community this month 10:00 Slow Walking Group - local walk, gentle pace 12:45 Volunteer at Willowbank - wear closed toe shoes 1:00 Woodwork Projects - bring a project or assist with ours
9 10:00 Craft - decoupage \$2.00 10:30 Young Adults (18 - 35 years) morning tea at Riccarton Bush \$2.00 1:00 Swim/Aqua Jog - bring togs and a towel 1:30 Walking Group - social walk with others	10 10:00 Singing for Wellbeing - gather to sing for joy 1:00 Ten Pin Bowling - socialise and have fun \$5.00 3:30 Annual Hui at 485 Tuam Street - we will share highlights from across our services, recognise progress and positive outcomes Step Ahead Annual Hui	11 10:00 Craft - tie-dye a t-shirt or pillowcase \$2.00 10:00 Tai Chi - exercise for mind and body \$3.00 12:45 Badminton - for all abilities \$2.00 1:00 Petanque at Halswell Quarry 1:30 Language and Culture Group 4:30 Dinner - see Stanmore programme and book with Stanmore 	12 10:00 Canterbury A&P Show - enjoy the animals, farm machinery, horticulture 10:00 Coffee Morning - socialise and have a cuppa 10:30 Deliver Meals on Wheels - round 44 1:00 Member/Staff Liaison Meeting 2:00 Gardening - keep the garden tidy 2:00 Puriri Base Renovations Co-design Meeting - A Lived Experience Group	13 Step Ahead Closed for Canterbury Anniversary Day
16 10:00 Yoga at St Ninian's Hall \$3.00 10:00 Outdoor Games at Halswell Quarry - Kubb, Frisbee, Quoits 1:00 Swim at Sumner Beach 1:00 Walking Group - social walk with other members 1:15 Young Adults (18 - 35 years) Adventure Park Chairlift - book with Stanmore, transport provided \$7.00	17 Step Ahead Closed for Staff Planning	18 10:00 Coffee Morning - socialise and have a cuppa 10:00 Art with Jen - instruction from a tutor 10:00 Tai Chi - exercise for mind and body \$3.00 10:30 Deliver Meals on Wheels - round 52 1:00 Guest Speaker at Stanmore - Audiology (ear health) Transport provided 1:00 Mosaics - create decorative artworks \$4.00 1:45 Table Tennis - for all abilities 5:00 Dinner - see Stanmore programme and book with Stanmore	19 10:00 Sand castle building at New Brighton 10:00 Dancing for Fitness - exercise to music 12:00 Visit Glenlothian Farm and picnic lunch \$5.00 1:00 Indoor Games - Pictionary and Charades Tech Support appointments available today. Book as usual	20 10:00 Movember Day at Stanmore - book activities with Stanmore and your ride with Puriri 
23 10:00 Tech Group - make passwords easy 10:00 Open Craft - bring your own project 1:00 Swim/Aqua Jog - bring togs and a towel 1:00 Walking Group - social walk with others 	24 1:30 Ten Pin Bowling - socialise and have fun \$5.00 1:30 Craft - tie-dye socks \$2.00 Step Ahead Closed until 1pm	25 10:00 Inspiration and Memory Journals - using recycled materials \$2.00 10:00 Tai Chi - exercise for mind and body \$3.00 10:00 Rainbow Group - board games at Sign of the Kiwi Cafe 12:45 Badminton - for all abilities \$2.00 1:00 Croquet - at a local park 4:30 Young Adults (18 - 35 years) Dinner - see Stanmore programme and book with Stanmore	26 10:00 Coffee Morning - socialise and have a cuppa 10:00 Gym at Parakiore - first timers please talk to staff when booking 10:30 Deliver Meals on Wheels - round 44 1:00 Gardening - keep the garden tidy 1:00 Walking Group - social walk with others Enabling Good Lives appointments available today. Book as usual	27 10:00 Slow Walking Group - local walk, gentle pace 10:00 Puriri Projects - help design and create resources 10:00 Day Trip to Roto Kohatu with Stanmore members - paddleboard, swim and walk. Return by 4pm 12:00 Lunch - Chicken and Bean Enchiladas \$3.50 1:00 Mini Golf at Fillin' Holes \$7.50 1:00 Woodwork Projects - bring a project or assist with ours
30 10:00 Yoga at St Ninian's Hall \$3.00 10:00 Game of Charades 1:00 Walking Group - social walk with others 1:00 Digital Art - make holiday cards, bring your device		Bookings for November open on Tuesday 27th October Bookings for December open on Monday 23rd November	All Whites vs India Football Match at One Stadium Sunday 15th November at 2pm Pay to book(\$12.50) by 9th Nov	Pirates of Penzance Matinee at the Court Theatre Saturday 12th December Pay to book (\$35) by 6th November