

Step Ahead Ashburton - Noema / November 2026

Rāhina - Monday	Rāapa - Wednesday	Rāmere - Friday
2	4	6
10:00 Coffee Morning - socialise and have a cuppa 10:00 Metal Detecting - at nearby locations 10:30 Visit Ashburton Library - swap our jigsaw puzzles and find a book to read 1:00 Movie Afternoon - watch an iconic New Zealand movie 1:00 Walk on Ashburton River Trail - view the new native plantings	10:00 Horse Therapy at Dayboo Clydesdale Stud \$5.00 10:00 Coffee Morning - socialise and have a cuppa 10:30 Open Craft or Felting - make little seagulls out of wool \$2.00 1:00 Place our decorated rocks at Ashburton Hospital and other locations 1:00 Open Craft or Sewing Group - sew a purse out of an old tie \$2.00	10:00 Coffee Morning - socialise and have a cuppa 10:30 Next Step Forum - have your say about our future direction 12:00 Lunch - Apricot Chicken and Seasonal Veggies \$3.50 12:30 Guest Speaker - A Lived Experience Group - what's happening nationally in the lived experience movement 1:00 Guided Tour of the Resource Recovery Park then browse the Re-use Store. Wear closed-toe shoes
We will be at the Baptist Church today 284 Havelock Street	We will be at the Baptist Church today 284 Havelock Street	We will be at the Baptist Church today 284 Havelock Street
9	11	13
10:00 Coffee Morning - socialise and have a cuppa 10:30 Open Craft or Pottery with Ted the Therapy Dog - make a candle holder or glaze items already made \$2.00 10:30 Golf Driving Range - practise your golf swing \$2.50 1:00 Open Craft - bring your own project to work on 1:00 General Knowledge Quiz - test your knowledge with a fun quiz	10:00 Coffee Morning - socialise and have a cuppa 10:30 Cooking on a Budget - Jacket Potatoes. Bring a potato \$2.00 10:30 Outdoor Games - play Quoits, Kubb or Frisbee 1:00 Music Appreciation - enjoy songs from the great musicals 1:00 Op Shopping - look for items to use for upcycling projects	Step Ahead Closed for Canterbury Anniversary Day
16	18	20
10:00 Coffee Morning - socialise and have a cuppa 10:30 Artificial Intelligence (AI) Games - an interactive session 10:30 Cooking on a Budget - Caesar Salad Wrap \$2.00 1:00 Swimming at EA Centre - swim, walk laps or soak in the spa 1:00 Open Craft or Knitting Group - learn to knit or work on a previous project	10:00 Coffee Morning - socialise and have a cuppa 10:30 Housie - bring a \$2 prize or play for fun 12:00 BBQ and Outdoor Games at Lake Hood - homemade patties on the BBQ then fly a kite or play Kubb \$2.00	10:00 Coffee Morning - socialise and have a cuppa 10:30 Open Craft or Acrylic Painting - paint a colourful river scene \$2.00 1:00 Walk around Ashburton Domain - feed the ducks and admire the flowers
		10am Day Trip to Christchurch for Movember Book your lunch and activities through Stanmore. Return by 4pm
23	25	27
10:00 Coffee Morning - socialise and have a cuppa 10:30 Open Craft or Pottery with Ted the Therapy Dog - make a vase or glaze items already made \$2.00 10:30 Puzzles and Games - Bananagrams, Yahtzee or try a new puzzle 1:00 Guided Mindfulness Walk - enjoy seasonal colours and mindful meditation 1:00 Open Craft - bring your own craft project to work on	10:00 Coffee Morning - socialise and have a cuppa 10:30 Tie-dye a pair of socks or an item from home \$2.00 10:30 Visit Arofa Cafe - bring \$\$ 1:00 Open Craft or Indoor Gardening - propagate house plants to take home \$2.00 1:00 Pet Photo Quiz - bring your past or present pet photos	10:00 Coffee Morning - socialise and have a cuppa 10:30 Drive to Wakanui Beach - a walk and a cuppa and look for agates 10:30 Recycle and Repurpose - use leftover Diamond Art beads to make Christmas decorations \$2.00 1:00 Open Craft or Paper Mache - make Christmas decorations or finish previous projects \$2.00 1:00 Croquet at Waireka Croquet Club \$2.50
30		
10:00 Coffee Morning - socialise and have a cuppa 10:30 Volunteer at Ashburton Community Garden - help with garden jobs 10:30 Ice Breaker Games - get to know each other 1:00 Open Craft or Pottery with Ted the Therapy Dog - make little animals or glaze items already made \$2.00 1:00 Mini Golf at EA Networks Centre		Bookings for November open on Tuesday 27th October Bookings for December open on Monday 23rd November