












STEP AHEAD - RANGIORA WEDNESDAY - NOVEMBER 2018

Pick up (by arrangement) from Kaiapoi and Amberley

Wednesday 7 th	Wednesday 14 th	Wednesday 21 st	Wednesday 28 th
10:00 Coffee Morning	10:00 Coffee Morning	10:00 Coffee Morning	9:30 Day out to Arthurs Pass to walk up to the Devil's Punchbowl Waterfall - bring your own lunch and wear suitable walking shoes
10:30 Music Appreciation (bring some music to share) 	Day out to Christchurch to visit Ilam Rhododendron Gardens - bring your own lunch to have by the river	10:30 Collating Newsletter & Programmes for mailing 	
11:15 Meals on Wheels 		12:30 Bring your own lunch 	
12:30 Bring your own lunch 		1:30 Tea or Coffee out for Newsletter volunteers followed by walk 	
1:30 Swim at Dudley Pool (\$2.50) 			

War Memorial Hall, Cnr Albert St & High St

BOOKINGS ESSENTIAL Phone 0800 688 732 or txt 022 173 1673