






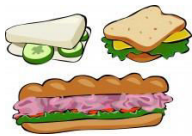










STEP AHEAD - RANGIORA MONDAY - NOVEMBER 2017

Kaiapoi pick up (by arrangement) at 9.30am from the Community Centre, Sewell St

Monday 6 th		Monday 13 th		Monday 20 th		Monday 27 th	
10:00 Coffee Morning		10:00 Day Trip to Lake Coleridge		10:00 Coffee Morning		10:00 Coffee Morning	
10:30 Craft - Decoupage Pictures (\$2.50)	10:30 Swimming at Dudley Pool (\$2.00)	Bring your own lunch		10:30 Food shop and preparation	10:30 Technology Support 	10:30 Member Staff Liaison Meeting	
				11:15 Meals on Wheels		11:00 Open Craft	11:00 Pool at RSA (50 cents) 
12:30 Bring your own lunch		12:30 Budget Lunch - Cold Meat, Salad & Dessert (\$4.50)				12:30 Bring your own lunch	
1:00 Afternoon Tour of Breedenbroek Gardens (\$5.00) 	1:00 Walk at Pegasus Lake 			1:30 Guest Speaker - Tracey from Neighbourhood Support		1:30 Swim at Dudley Pool (\$2.00) 	1:30 Afternoon at Ashley Gorge Walking - Games 

86 Victoria Street, Rangiora

BOOKINGS ESSENTIAL Phone 0800 688 732 or txt 022 173 1673