










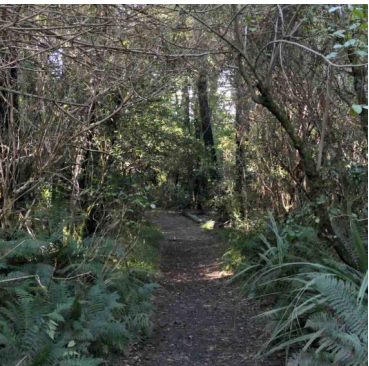



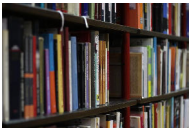



Step Ahead Ashburton Rāapa – Wednesday March 2024

Rāapa - Wednesday 6 th	Rāapa - Wednesday 13 th	Rāapa - Wednesday 20 th	Rāapa - Wednesday 27 th
10:00 Coffee Morning	10:00 Day Trip to Oxford	10:00 Coffee Morning	10:00 Coffee Morning
10:30 Seated Tai Chi at MSA (\$1) or 10:30 Open Craft	Explore local attractions Bring lunch to have at West Oxford Reserve Return by 4:30pm	10:30 Member/Staff Liaison Meeting 11:00 Housie - bring a (\$2) prize or play for fun	10:30 Decoupage/ collage - all materials provided (\$2)
12:00 Bring lunch			
			1:00 Drive to Wakanui Beach for a walk and a cuppa
1:00 Acrylic Painting - all materials provided (\$2) or 1:00 Op-shopping around Ashburton		1:00 Craft with Lara - make a driftwood mobile, all materials provided (\$2)	

Community House 44 Cass Street ASHBURTON
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Step Ahead Ashburton Rāmere – Friday March 2024

Rāmere - Friday 1 st	Rāmere - Friday 8 th	Rāmere - Friday 15 th	Rāmere - Friday 22 nd	Rāmere - Friday 29 th
10:00 Coffee Morning - meet at Baptist Church, 284 Havelock St	10:00 Coffee Morning	10:00 Coffee Morning	10:00 Day Trip to Christchurch	Step Ahead Closed Good Friday  
10:30 Help to prepare Midday Meal or 10:30 Open Craft - bring a craft project to work on 	10:30 Decorate Kites - all materials provided (\$2) 	10:30 Fridays in the Forest with Puriri Members at Staveley Forest Bring lunch, a hat and water bottle Return by 3:30pm 	Enjoy a walking tour or a cuppa at the Botanical Gardens Bring your lunch After lunch we will go on a sightseeing drive around Christchurch 2:00 Julie's Farewell at Stanmore Road Speeches, games and afternoon tea provided. Dress for an afternoon tea party Return by 5pm 	
12:30 Midday Meal - Lasagne with Salad and Dessert (\$4.50) 	12:00 Sausage Sizzle at Lake Hood (\$2) 			
1:00 Visit Ashburton Library 	1:00 Fly kites at Lake Hood Return by 3:30pm 			

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