



























STEP AHEAD WEST ACTIVITIES - 5 Puriri St – MARCH 2018

Māne Monday		Turei Tuesday		Wenerai Wednesday		Taite Thursday		Paraire Friday			
						<p>1 10:00 Coffee Morning 10:30 Walking Group 12:00 Bring your own lunch</p>  <p>1:00 Pool at the Papanui Club</p> <p>10:00 Depart for Birdlings Flat. BYO lunch. Beach walk, collect pebbles or driftwood & visit museum</p>  <p>Return by 4:00pm</p>		<p>2 10:00 Coffee Morning 10:00 Craft - complete button bowls 10:30 Tai Chi (\$3.00) 12:00 Bring your own lunch 1:00 Craft - Making lavender sachets(\$2.50)</p>  <p>10:30 Day out - Lake Roto Kohatu (near the Groyne) with Stanmore and Rural Optional canoe hires (\$2.50), walking, swimming, relaxing BYO lunch</p> 			
<p>5 10:00 Swimming at Jellie Park (\$3.00) 12:00 Bring your own lunch 1:00 Walking Group</p> 		<p>10:00 Day Out - Hanmer Springs - walking, relaxing BYO lunch (optional swim \$10.00)</p>  <p>Return by 4:00pm</p>		<p>6 10:00 Coffee Morning 10:30 Mosaics (\$4.00 plus cost of board) 12:30 Bring your own lunch 1:30 Ten Pin Bowling (\$5.00) and optional 2nd game \$5.00 1:15 Pick up for Swimming at Jellie Park (\$3.00)</p> 		<p>7 Fletcher Place { 10:00 Coffee Morning 10:30 News and Views Discussion Group and morning tea (\$1.00) 10:30 Wool Craft (\$2.50) 12:30 Bring your own lunch 1:30 Mosaics (\$4.00 plus cost of board) 1:30 Tennis with Stanmore</p> 		<p>8 10:00 Coffee Morning 10:30 Meals on Wheels 10:30 Walking Group 12:00 Bring your own lunch 1:00 Sewing with Petra (\$2.50 for materials etc.) 1:00 Healthy Baking - Best Ever Banana Muffins(\$2.50) bookings by 9am</p>  <p>4:00 Depart for Dinner at Leithfield Hotel (Meals from \$14.00)</p>		<p>9 10:00 Coffee Morning 10:30 Tai Chi (\$3.00) 10:30 Technology Group 12:00 Bring your own lunch 1:00 Exercise at West</p>  <p>10:00 Depart for Sausage Sizzle at Waikuku Beach (\$2.50) tennis, walks etc.</p>  <p>Return by 4:00pm</p>	
<p>12 10:00 Coffee Morning 10:00 Swimming at Jellie Park (\$3.00) 10:30 Fun Quiz 12:00 Bring your own lunch 1:00 Walking Group 1:00 Healthy Cooking for One - Satay Chicken on rice. Bring one small chicken breast (\$1.00). Bookings by 9am</p> 		<p>13 10:00 Coffee Morning 10:30 Board Games, Cards and Jigsaws 12:00 Bring your own lunch 1:00 Ten Pin Bowling (\$5.00) 1:15 Pick up for Swimming at Jellie Park (\$3.00)</p> 		<p>14 Fletcher Place { 10:00 Coffee Morning 10:30 Craft - Chocolate Making (\$3.50) 10:30 Meals on Wheels 12:30 Bring your own lunch 1:30 Table Tennis with Stanmore 1:30 Making Crafty Gift Wrapping or Boxes for chocolates made this morning (\$2.50) 4:00 Depart for Dinner and Quiz night at Stanmore (\$4.50)</p> 		<p>15 10:00 Coffee Morning 10:30 Walking group 10:30 Music Appreciation and Karaoke - bring some favourite music 12:00 Bring your own lunch 1:00 Women's Group - DVD afternoon. Bring a small plate to share for afternoon tea. 1:00 Cricket in the park with Stanmore</p> 		<p>16 10:00 Coffee Morning 10:30 Tai Chi (\$3.00) 10:30 Woodwork group 10:00 Craft - Visit the Art Gallery and Eco store 12:00 Bring your own lunch 1:00 Craft - Soap making (\$2.50) 1:00 Working bee - see Kevin for details</p> 			
<p>19 10:00 Coffee Morning 10:00 Swimming at Jellie Park (\$3.00) 10:30 Technology Group - bring cell phone, camera or any tech gear plus questions 12:00 Bring your own lunch 1:00 Walking Group 1:00 Men's Group - Mini Golf and Driving Range (\$5.00)</p> 		<p>20 10:00 Coffee Morning 10:30 Housie - bring a \$2.00 prize or play for the glory 12:00 Bring your own lunch 12:30 Member Staff Liaison Meeting 1:30 Ten Pin Bowling (\$5.00) 1:15 Pick up for Swimming at Jellie Park (\$3.00)</p> 		<p>21 Fletcher Place { 10:00 Coffee Morning 10:30 Wool Craft (\$2.50) 10:30 Indoor Bowls, Pool or Darts 12:30 Bring your own lunch 1:30 Badminton at Cowles Stadium (\$2.50) 1:30 Mosaics (\$4.00 plus cost of board)</p> 		<p>22 10:00 Coffee Morning 10:30 Meals on Wheels 10:30 Walking Group 12:00 Bring your own lunch 1:00 Healthy Baking - Blueberry Muffins (\$2.50). Bookings by 9am 1:00 Sewing with Petra (\$2.50 for materials etc.) 4:00 Depart for Dinner at Papanui Club (Meals from \$12.50)</p> 		<p>23 10:00 Coffee Morning 10:30 Tai Chi (\$3.00) 10:30 Craft - Jewellery Making (\$2.50) 10:30 Budget Lunch Preparation 12:00 Budget Lunch - Cottage Pie with salad and fruit (\$4.50). Bookings by 9am 12:00 Bring your own lunch 1:00 Meditation Group 1:00 Beginners tramp - Kaiapoi Island</p> 			
<p>26 10:00 Depart for 100km challenge at Halswell Quarry Set up course - Walk, bike or run - for fun BYO lunch Return by 4pm</p> 		<p>27 10:00 Coffee Morning 10:30 Museum or Art Gallery visit 12:30 Bring your own lunch 1:15 Pick up for Swimming at Jellie Park (\$3.00) 1:30 Ten Pin Bowling (\$5.00)</p> 		<p>28 Fletcher Place { 10:00 Coffee Morning 10:30 Meals on Wheels 12:30 Bring your own lunch 1:30 Tennis with Stanmore 4:00 Depart for Dinner and DVD night at Stanmore (\$4.50)</p> 		<p>29 10:00 Coffee Morning 10:30 Walking group 10:30 Working Bee - see Kevin for details 12:00 Bring your own lunch 1:00 Op shopping 1:00 Frisbee golf in the park</p>  <p>WORKING BEE</p>		<p>30 Step Ahead Closed Good Friday</p>  <p>EASTER</p>			