



June 15th - 30th News and Programmes

Julie's News

What a difference a month makes! Just one month ago we moved from Level 4 and now we have set our sights on Level 1! Every day we have zero new cases is worth celebrating. Kiwis are special people who have achieved this so quickly and with little dissent.

Step Ahead also has some generous supporters and we have just received a donation from an anonymous donor who wishes to pay for every member's subscription for the next year! Yes that's right, every member will have their \$10 subs paid for the whole year. A huge thank you from all of us.

The other exciting news is that our July programme will be back to pre-COVID days. Our full range of activities will be available with trips in vans allowed, also lunches, midday and evening meals all being rescheduled. We look forward to all bases once again buzzing with chatter, laughter and excitement as we return to providing all your favourite activities.

See you soon.

Hello from Di

It's good news that this is the last time a programme for only two weeks is being posted and that the next programme you will receive will be for the whole month of July!

It's been great to see so many members attending again, and we really do look forward to seeing more of you return to do the things you enjoy, as per life before Covid 19 Level 3 & 4! Doesn't that feel like a long time ago!

The cost of activities until the end of June is still reduced and at Stanmore the Wednesday lunch is programmed. In July the Wednesday evening activity and the Stanmore Thursday mid-day meals are planned.

Puriri also has a mid-day meal, hot pumpkin soup on Thursday 18th. and rural in Rangiora and Ashburton also has a lunch planned together.

Look forward to seeing you soon.



You must book in for every activity at all bases as there will be limits on the number of people who can attend each group.

You must not turn up if you have not booked in.

Look out below for discounted activity costs on this programme.

Rural Programme

Rangiora Monday June 15th

10:00 Coffee Morning	11:15 Meals on Wheels	1:30 Walk
10:30 Word Finds / Mandala Art	12:30 Bring you own lunch	1:30 Swim at Dudley Pool (\$2.00)

Rangiora Wednesday June 17th

10:00 Coffee Morning	10:30 Newsletter	1:00 Coffee / Tea out for volunteers
	12:30 Bring you own lunch	

Ashburton Friday June 19th

10:00 Coffee Morning	10:30 Decoupage Craft (\$2.00)	1:00 Craft continued
	12:30 Bring you own lunch	

Rangiora Monday June 22nd

10:00 Coffee Morning	10:30 Open Craft	1:00 Walk
10:30 Fun Quiz	12:30 Bring you own lunch	1:00 Op Shopping

Rangiora Wednesday June 24th

10:00 Coffee Morning	10:30 Visit Sallies Op Shop	1:00 Board Games / Cards
	12:30 Bring you own lunch	

Ashburton Friday June 26th

10:00 Coffee Morning	10:30 Fun Quiz	1:00 Open Craft
	12:30 Bring you own lunch	

Rangiora Monday June 29th

10:00 Coffee Morning	10:30 News and Views	1:00 Housie with Mystery Prizes
10:30 Board Games / Cards	12:30 Bring you own lunch	1:00 Introduction to Photography

Zoom Programme

Monday June 15th- 30th

10:00-10:30 Coffee Morning
<https://zoom.us/j/966476203>
 Meeting ID 966 476 203

Details for the above activities are on www.stepahead.org.nz
 or our facebook page

Stanmore Programme

Monday June 15th

10:30 Open Craft

1:00 Women's Group - Quiz, Word Games and cuppa

1:00 Walking Group

Tuesday June 16th

10:00 Art with Selwyn (\$2.00)

1:00 Swim / Aquajog at Pioneer (\$3.00)
1:00 Music Group

1:00 Mosaics (\$2.50 plus cost of board)
1:30 Gardening

Wednesday June 17th

10:00 Gym Group - bring a towel (\$2.50)
10:00 Writers and Book Group - Famous NZ Poets

12:30 Lunch - Vegetable Soup, Bread Rolls and Fruit (\$2.00)
1:00 Ten Pin Bowling (\$4.00)

1:00 Craft - Finish Decoupage (\$2.00)
1:30 Documentary Group (watch & discuss)

Thursday June 18th

10:00 Walking Group
10:00 Art with Karen (\$2.00)
10:30 Meals on Wheels

1:00 Swim / Relax at Taioira QEII (\$3.00)
1:30 Stone Carving (\$2.50)

1:00 Mosaics (\$2.50)
1:30 Walking Group

Friday June 19th

10:00 Tramp - Leithfield Village to Beach (see Chris or Di for details)

1:00 Open Craft / Knitting
11:00 Meditation

1:00 Sewing with Petra
1:00 Christian Fellowship Group

Monday June 22nd

10:30 Open Craft

1:00 Women's Group - Bring a baby / early childhood / school days photo of yourself and we'll guess who is who

1:00 Walking Group

Tuesday June 23rd

10:00 Art with Selwyn (\$2.00)

1:00 Swim / Aquajog at Pioneer (\$3.00)
1:00 Music Group

1:00 Mosaics (\$2.50)
1:30 Gardening

Wednesday June 24th

10:00 Gym Group - bring a towel (\$2.50)
10:00 News and Views Discussion Group

12:30 Lunch - Pumpkin Soup, Bread Rolls and Fruit (\$2.00)
1:00 Ten Pin Bowling (\$4.00)

1:30 Craft - Material Macramé Hangers (\$2.00)
1:30 TED Talks - you choose the topic

Thursday June 25th

10:00 Walking Group
10:00 Art with Karen (\$2.00)
10:30 Meals on Wheels

1:00 Swim / Relax at Taioira QEII (\$3.00)
1:00 Mosaics (\$2.50)

1:30 Walking Group
1:30 Stone Carving (\$2.50)

Friday June 26th

10:00 Open Craft

12:30 Beginners Tramp with Puriri

1:00 Sewing with Petra

11:00 Meditation	members	2:00 Christian Fellowship Group
Monday 29th June		
10:30 Open Craft	1:00 Women's Group - Board Games and cuppa	1:00 Walking Group
Tuesday 30th June		
10:00 Art with Selwyn (\$2.00)	1:00 Swim / Aquajog at Pioneer (\$3.00) 1:00 Music Group	1:00 Mosaics (\$2.50 plus cost of board) 1:30 Gardening

Bookings are essential!
Please call 0800 688 732 or text 022 173 1673



Michael proudly showing his completed mosaic table



Sarah's array of cards made during lockdown

Puriri Programme

Monday June 15th

9:30 Coffee Morning
10:00 Music Appreciation
10:00 Frisbee Golf at Jellie Park

12:00 Bring your own lunch

1:00 Mindful Colouring in Frame (\$2.00)
1:00 Walking Group

Tuesday June 16th

9:30 Coffee Morning
10:00 Mini Quilts

12:00 Bring your own lunch

1:00 Ten Pin Bowling (\$4.00)
1:15 Swim / Aquajog at Pioneer (\$3.00)

Wednesday June 17th

9:30 Coffee Morning
10:00 Tai Chi (\$2.50)
10:00 Crochet and Knitting (\$2.00)
10:00 News and Views Discussion Group

12:00 Bring your own lunch

1:00 Technology Group
1:00 Craft - Rag Rug making

Thursday June 18th

9:30 Coffee Morning
10:00 Walking Group
10:30 Meals on Wheels

12:00 Bring your own lunch
12:00 Midday Meal -
Pumpkin Soup, Bread Rolls
and Fruit (\$2.50)

1:00 Working Bee
1:00 Art gallery visit
1:00 Women's Group - Op Shopping for winter

Friday June 19th

9:30 Coffee Morning
10:00 Craft - Easy Placemat Purse (\$2.50)
10:00 Exercise at Puriri

12:00 Bring your own lunch

1:00 Dance for fitness and fun
1:00 Woodwork projects

Monday June 22nd

9:30 Coffee Morning
10:00 Craft - Decoupage \$2.00
10:00 Indoor Bowls

12:00 Bring your own lunch

1:00 New Brighton Museum - Old Time
Movie (\$2.00)
1:00 Walking Group

Tuesday June 23rd

9:30 Coffee Morning
10:00 Quiz - Music and General
Knowledge

12:00 Bring your own lunch

1:00 Ten Pin Bowling (\$4.00)
1:15 Swim / Aquajog at Pioneer (\$3.00)

Wednesday June 24th

9:30 Coffee Morning
10:00 Tai Chi with Mike (\$2.50)
10:00 Art with Karen (\$2.00)
10:30 Meals on Wheels

12:00 Bring your own lunch

1:00 Mosaics (\$2.50 plus cost of board)
1:00 Pool / Snooker and Darts at Papanui
Club

Thursday June 25th

9:30 Coffee Morning
10:00 Walking Group
10:00 Music Appreciation

12:00 Bring your own lunch

1:00 Gardening Group
1:00 Sewing with Petra
1:00 Meditation

Friday June 26th

9:30 Coffee Morning
10:00 Craft - Jewellery Making (\$2.00)
10:00 Exercise at Puriri

12:00 Bring your own lunch

1:00 Open Craft
1:00 Beginners Tramp (flat)

Monday June 29th

9:30 Coffee Morning
10:00 Board Games
10:00 Technology Group

12:00 Bring your own lunch

1:00 Fun Quiz
1:00 Walking Group

Tuesday June 30th

9:30 Coffee Morning
10:00 Documentary Group (watch & discuss)

12:00 Bring your own lunch

1:00 Ten Pin Bowling (\$4.00)
1:15 Swim / Aquajog at Pioneer (\$3.00)

Bookings are essential!
Please call 0800 688 732 or text 022 038 3721



Puriri Visiting Orana Park earlier this year



Fimo modelling clay creations from Puriri