
























# STEP AHEAD WEST ACTIVITIES - 5 Puriri St – JUNE 2018

Mane Monday	Turei Tuesday	Wenerei Wednesday	Taite Thursday	Paraire Friday	
				<p>1 10:00 Coffee Morning 10:30 Art with Karen (\$2.50) 10:30 Tai Chi (\$3.00) 10:30 Woodwork Group 12:00 Bring your own lunch 1:00 Craft - Crochet (\$2.50) 1:00 Beginners Tramp - Harry Ell walkway (easy hill tramp)</p> 	
<p>4 Queen's Birthday Weekend Step Ahead Closed</p> 	<p>5 10:00 Coffee Morning 10:30 Board Games, Cards and Jigsaws 12:00 Bring your own lunch 1:00 Ten Pin Bowling (\$5.00) 1:15 Pick up for Swimming at Pioneer (\$3.00)</p> 	<p>6 Fletcher Place { 10:00 Coffee Morning 10:30 Treasure hunt 10:30 Meals on Wheels 12:00 Depart for CBS concert with light lunch option (\$5 or \$11) 12:30 Bring your own lunch 1:30 Table Tennis with Stanmore</p> 	<p>7 10:00 Coffee Morning 10:00 Walking Group 10:30 Music Appreciation and Karaoke - bring some favourite music 12:00 Bring your own lunch 1:00 Pool at the Papanui Club 1:00 Depart for Arion Farm visit (\$3.00) 4:00 Depart for Dinner at the Templeton Golden Mile Tavern (Meals from \$18.50)</p> 	<p>8 10:00 Coffee Morning 10:30 Tai Chi (\$3.00) 10:30 Technology Group 12:00 Bring your own lunch 1:00 Exercise at West</p>  <p>10:30 Craft Day Trip - Brick Mill Gallery in Waikuku and others Bring your own lunch. Return by 4:00</p> 	
<p>11 10:00 Coffee Morning 10:00 Swimming at Jellie Park (\$3.00) 12:00 Bring your own lunch 1:00 Walking Group</p> 	<p>10:30 Depart for day at New Brighton. Bring your own lunch. Op shops, library, beach walk or Golden Oldie Movie at Museum (\$2.00)</p>  <p>Return by 4:00</p>	<p>12 10:00 Coffee Morning 10:30 Housie - (bring a \$2.00 prize or play for the glory) 12:00 Bring your own lunch 1:00 Ten Pin Bowling (\$5.00) and optional 2<sup>nd</sup> game (\$5.00) 1:15 Pick up for Swimming at Pioneer (\$3.00)</p> 	<p>13 Fletcher Place { 10:00 Coffee Morning 10:30 Loom Knitting (\$2.50) 10:30 News and Views Discussion Group and morning tea (\$1.00) 12:30 Bring your own lunch 1:30 Badminton at Cowles Stadium (\$2.50) 1:30 Mosaics (\$4.00 plus cost of board) 4:00 Depart for Pasta Bake, veggies, dessert and DVD night at Stanmore (\$4.50)</p> 	<p>14 10:00 Coffee Morning 10:00 Walking Group 10:30 Meals on Wheels 12:00 Bring your own lunch 1:00 Healthy Baking - Coconut Loaf (\$2.50) - Bookings by 9am 1:00 Sewing with Petra (\$2.50 for materials etc) 1:00 Depart for Guest Speaker at Stanmore - Introduction to Sign Language</p> 	<p>15 10:00 Coffee Morning 10:30 Tai Chi (\$3.00) 10:30 Craft - Jewellery Making (\$2.50) 10:30 Budget Lunch Preparation 12:00 Budget Lunch - Chunky Vegetable Pie and Rice Pudding (\$4.50). Bookings by 9am 12:00 Bring your own lunch 1:00 Meditative Mandala Art 1:00 Beginners Tramp - Bottle Lake Forest (flat)</p> 
<p>18 10:00 Coffee Morning 10:00 Swimming at Jellie Park (\$3.00) 10:30 Technology Group - bring cell phone, camera or any tech gear plus questions 12:00 Bring your own lunch 1:00 Walking Group 1:00 Healthy Cooking for One - Vegetable Curry - bring 2 cups of vegetables and a container to take meal home in. (\$1.00) Bookings by 9am.</p> 	<p>19 10:00 Coffee Morning 10:30 Mosaics (\$4.00 plus cost of board) 12:30 Bring your own lunch 1:15 Pick up for Swimming at Pioneer (\$3.00) 1:30 Ten Pin Bowling (\$5.00)</p> 	<p>20 Fletcher Place { 10:00 Coffee Morning 10:30 Depart for lunch at Kaiapoi Golf Club (\$12.50) followed by walk and visit to local attractions 10:30 Meals on Wheels 12:30 Bring your own lunch 1:30 Table Tennis with Stanmore</p> 	<p>21 10:00 Coffee Morning 10:00 Walking Group 12:00 Bring your own lunch 1:00 Women's Group - Visit Bird Breeders Aviaries</p> 	<p>10:00 Day out to Akaroa Bring your own lunch</p>  <p>Return by 4:00</p>	
			<p>4:00 Depart for Dinner at the Rose and Thistle (Meals from \$14.50)</p>	<p>22 10:00 Coffee Morning 10:30 Tai Chi (\$3.00) 10:30 Exercise at West 10:30 Open Craft - bring along a project to work on and share ideas with others 12:00 Depart for Mid-Winter Lunch at The Garden Hotel (\$18.00). Bookings by Friday 15th June and payment in advance appreciated. Followed by local walk 12:00 Bring your own lunch 1:00 DVD - Waking Ned Devine</p> 	
<p>25 10:00 Coffee Morning 10:00 Swimming at Jellie Park (\$3.00) 10:30 Music Appreciation and Karaoke - bring some favourite music 12:00 Bring your own lunch 12:30 Member Staff Liaison Meeting 1:30 Walking Group - A&amp;P Show Grounds 1:30 Men's Group - Op shopping</p> 	<p>26 10:00 Coffee Morning 10:30 Lunch preparation 12:00 Bring your own lunch 12:00 Light Lunch - Leek and Potato Soup (\$3.50) 1:00 Ten Pin Bowling (\$5.00) 1:15 Pick up for Swimming at Pioneer (\$3.00)</p> 	<p>27 Fletcher Place { 10:00 Coffee Morning 10:30 Loom Knitting (\$2.50) 10:30 Indoor Bowls, Pool or Darts 12:30 Bring your own lunch 1:30 Badminton at Cowles Stadium (\$2.50) 1:30 Mosaics (\$4.00 plus cost of board) 4:00 Depart for Dinner and Karaoke at Stanmore, Self-Crusting Quiche, veggies and dessert (\$4.50)</p> 	<p>28 10:00 Coffee Morning 10:30 Meals on Wheels 10:00 Walking Group 12:00 Bring your own lunch 1:00 Healthy Baking - Cheesy Oat Loaf (\$2.50) Bookings by 9am 1:00 Sewing with Petra (\$2.50 for materials etc)</p> 	<p>29 10:00 Coffee Morning 10:30 Art with Karen (\$2.50) 10:30 Tai Chi (\$3.00) 10:30 Working bee - see Kevin for details 12:00 Bring your own lunch 1:00 Beginners Tramp - Beckenham Ponds (flat) 1:00 Depart for visit to The Toy Collector Museum (\$5.00)</p> 