

Step Ahead Puriri - Hūrae / July 2026

Rāhina - Monday	Rātu - Tuesday		Rāpare - Thursday	Rāmere - Friday
<p>Mid Winter Dinner</p> <p>Wednesday 15th July</p> <p>Pay to book by 8th July (\$10)</p> <hr/> <p>Enabling Good Lives Appointments</p> <p>23rd and 30th</p> <p>Book as usual</p>	<p>Bookings for July open on Monday 22nd June at 9am</p> <p>Bookings for August open Monday 20th July at 9am</p>	<p>1</p> <p>10:00 Coffee Morning - socialise and have a cuppa 10:00 Art with Jen - instruction from a tutor 10:00 Tai Chi - exercise for mind and body \$3.00 10:30 Deliver Meals on Wheels - round 52 1:00 Mosaics - create decorative artworks \$4.00 1:00 Health Focus at Stanmore - Fall Prevention. Transport provided 1:45 Table Tennis - for all abilities 4:30 Dinner at Stanmore - see Stanmore programme and book with Stanmore</p>	<p>2</p> <p>10:00 Dancing For Fitness - exercise to music 10:00 Make Frog Pots out of clay \$2.00 11:15 Christian Fellowship - meet with like-minded people 1:00 Young Adults - Lino Cutting - Lino Cut Printing \$2.00 1:00 Darts - play a friendly game (onsite)</p> 	<p>3</p> <p>10:00 What's happening in the community this month 10:00 Slow Walking Group - local walk, gentle pace 10:00 Visit Kauri Lodge Residents 12:45 Volunteer at Willowbank - wear closed toe shoes 1:00 Woodwork Projects - bring a project or assist with ours</p> 
	<p>Parkrun at Hagley</p> <p>Saturday 25th</p> 	<p>6</p> <p>10:00 Sewing - Bowl Cosy - sew a bowl cosy and learn machine skills \$2.00 10:00 Brew with a View - socialise with a cuppa 1:00 Swim/Aqua Jog - bring togs and a towel 1:00 Walking Group - social walk with others</p> 	<p>7</p> <p>10:00 Ten Pin Bowling - socialise and have fun \$5.00 1:00 Make flax stars/whetū harakeke - for decoration, gift or earrings \$2.00</p> 	<p>8</p> <p>10:00 Craft - Make a Māori Kite - make a Te Manu Tukutuku (Māori kite) \$2.00 10:00 Tai Chi - exercise for mind and body \$3.00 12:45 Badminton - for all abilities \$2.00 1:00 Fly Te Manu Taratahi (Māori kite) at New Brighton Beach 1:45 Language and Culture Group - explore and learn 4:30 Dinner at Stanmore - see Stanmore programme and book with Stanmore</p>
<p>13</p> <p>10:00 Chair Yoga - at St Ninian's Hall \$3.00 10:00 Guest Speaker - Employment, Training and Upskilling 1:00 Walking Group - from Margaret Mahy towards CBD 1:00 Fun Quiz - test your knowledge with some fun online and multi choice questions 1:00 Darts - enjoy a friendly competition (onsite)</p>	<p>14</p> <p>10:00 Singing for Wellbeing - gather to sing for joy 1:00 Ten Pin Bowling - socialise and have fun \$5.00</p> 	<p>15</p> <p>1:00 Health Focus at Stanmore - Cancer Society. Transport provided 1:15 Ten Pin Bowling - staff versus members challenge 4:00 Mid Winter Dinner at Richmond Club - pay to book by 8th. Book with Stanmore. Book ride with Puriri \$10.00</p> <p style="text-align: center;">Step Ahead Closed until 12:30pm</p>	<p>16</p> <p>10:00 Walking Group - along the river from Victoria Square 10:00 Weaving Flax/Raranga - make a purse 10:30 Young Adults (18-35 yrs) - Clip'n Climb - fun indoor climbing. Book with Stanmore & meet at venue or Stanmore \$8.00 1:00 Visit Tūranga Library by bus - bus cards provided 1:00 Watercolour Painting - learn techniques for painting flowers \$2.00</p>	<p>17</p> <p>10:00 Slow Walking Group - local walk, gentle pace 10:00 Working Bee - help with organisation and maintenance jobs 10:00 Indoor Bowls (onsite) - enjoy a friendly game 12:45 Volunteer at Willowbank - wear closed toe shoes 1:00 Woodwork Projects - bring a project or assist with ours</p>
<p>20</p> <p>10:00 Sewing - bring your own projects \$2.00 10:00 Outdoor Games at Halswell Quarry 1:00 Swim/Aqua Jog - bring togs and a towel 1:00 Walking Group - social walk with others</p> 	<p>21</p> <p>1:30 Ten Pin Bowling - socialise and have fun \$5.00 1:30 Ted Talk - Inspirational Speaker - choose a topic</p> <p style="text-align: center;">Step Ahead Closed until 1pm</p>	<p>22</p> <p>10:00 Craft - Pyrography (wood burning) - decorate a wooden chopping board \$2.00 10:00 Tai Chi - exercise for mind and body \$3.00 10:00 Music Appreciation and Quiz - choose your favourite music 12:45 Badminton - for all abilities \$2.00 1:00 Bus to the Art Gallery Te Puna o Waiwhetū - bus cards provided</p>	<p>23</p> <p>9:00 Mid-Winter Sea Swim - free entry to He Puna Taimoana Hot Pools for members who swim 10:00 Coffee Morning - socialise and have a cuppa 10:30 Deliver Meals on Wheels - round 44 1:00 Walking Group - social walk with others 1:00 Gardening - keep the garden tidy 1:00 Sustainability Group - Upcycling Tins - make a tin lantern</p>	<p>24</p> <p>10:00 Slow Walking Group - local walk, gentle pace 10:00 Steady As You Go Programme - gentle exercise 10:00 Lunch Preparation - help prepare lunch 12:00 Lunch - Egg Foo Young on Rice and Fruit \$3.50 1:00 Woodwork Projects - bring a project or assist with ours 1:00 Beginners Tramp - Brooklands Lagoon 5:00 Young Adults (18 - 35 yrs) Dinner and Star Gazing - see Stanmore programme and book with them. Pay by 10th \$12.00</p>
<p>27</p> <p>10:00 Yoga - at St Ninian's Hall \$3.00 10:00 Knitting and Crochet - learn how, or bring your own projects 1:00 Walking Group - social walk with others 1:00 Craft - Mechanical Butterflies \$2.00</p>	<p>28</p> <p>10:00 Craft - Make Popsicle Stick Bracelets \$2.00 1:00 Ten Pin Bowling - socialise and have fun \$5.00</p> 	<p>29</p> <p>10:00 Coffee Morning - socialise and have a cuppa 10:00 Art with Jen - instruction from a tutor 10:00 Tai Chi - exercise for mind and body \$3.00 10:30 Deliver Meals on Wheels - round 52 1:00 Mosaics - create decorative artworks \$4.00 1:30 Cooking on a Budget - Roasted Pumpkin & Carrot Soup \$2.00 1:45 Table Tennis - for all abilities</p>	<p>30</p> <p>10:00 Open Craft - bring your own handcraft & work on current projects 10:00 Walking Group - social walk with others 1:00 Documentary Group - watch documentaries and discuss 1:00 T-shirt printing \$2.00</p> 	<p>31</p> <p>10:00 Slow Walking Group - local walk, gentle pace 10:00 Make a wooden bird feeder \$2.00 10:00 Prepare for Parkrun Humble Runner - plan and prepare resources to use at Parkrun 12:45 Volunteer at Willowbank - wear closed toe shoes 1:00 Woodwork Projects - bring a project or assist with ours</p>