

Step Ahead Ashburton Coordinators - Hūrae / July 2026

Rāhina - Monday

Rāapa - Wednesday

Rāmere - Friday

Mid Winter Lunch

Wednesday 15th July



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10:00 Coffee Morning - socialise and have a cuppa
 10:30 Cooking on a Budget - make Cheese and Pesto Egg Rolls, please bring an egg \$2.00
 10:30 Visit Cold Stream Rest Home - support residents with a simple craft activity
 12:00 Bring Lunch - socialise while eating your lunch
 1:00 Walk at Rakaia River Trail - have a cuppa by the river
 1:00 Knitting, Cross Stitch or Open Craft - knit a peggy square or cross stitch a flower

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10:00 Coffee Morning - socialise and have a cuppa
 10:30 Puzzles and Games - play Bananagrams or try a jigsaw puzzle
 10:30 Lunch Preparation - help prepare lunch
 12:00 Bring Lunch - socialise while eating your lunch
 12:00 Lunch - Pasta Bake with Chicken and Veggies \$3.50
 1:00 Op-Shopping - look for items to use for our recycle and repurpose
 1:00 Open Craft - bring your own craft project to work on or colour letters for Starship Hospital

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10:00 Coffee Morning - socialise and have a cuppa
 10:30 Walk around Argyle Park - an easy loop track
 10:30 Pottery and Open Craft - make mini fruit and vegetables or glaze items previously made \$2.00
 12:00 Bring Lunch - socialise while eating your lunch
 1:00 Glass Painting - paint or decorate glassware from the recycle centre \$2.00
 1:00 Open Craft - bring your own project to work on

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10:00 Coffee Morning - socialise and have a cuppa
 10:30 Sewing Group - sew a tea towel or work on previous projects \$2.00
 10:30 Open Craft - bring your own project to work on
 12:00 Bring Lunch - socialise while eating your lunch
 1:00 Open Craft - bring your own project to work on
 1:00 Driving Range - practise your golf swing \$2.00



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**Step Ahead Closed
for
Matariki**

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10:00 Coffee Morning - socialise and have a cuppa
 10:30 Puzzles and Games - play Bananagrams or a board game
 10:30 Needle Felting and Open Craft - make Matariki stars out of coloured wool or work on previous projects \$2.00
 12:00 Bring Lunch - socialise while eating your lunch
 1:00 Visit Ashburton Art Gallery - view the Ashburton Society of Arts Annual Exhibition
 1:00 Indoor Games - bowls or quoits

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10:00 Coffee Morning
 10:30 Quizzes and Games - join in a fun quiz or play a board game
 10:30 Lunch Preparation - help prepare lunch
 12:00 Mid Winter Lunch - Roast Pork and Apple Sauce. Dress as your favourite celebrity (optional) \$3.50
 1:00 Charades - act out your favourite movies, TV shows and songs for others to guess

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10:00 Coffee Morning - socialise and have a cuppa
 10:30 Member/Staff Liaison Meeting
 11:00 Housie - bring a \$2 prize or play for fun
 12:00 Bring Lunch - socialise while eating your lunch
 1:00 Pottery and Open Craft - make a planter or glaze items made previously
 1:00 Visit Lake Hood - a walk and a cuppa



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10:00 Coffee Morning - socialise and have a cuppa
 10:30 Acrylic Painting and Open Craft - paint a raven or continue to work on previous paintings \$2.00
 10:30 Ashburton River Trail Walk
 12:00 Bring Lunch - socialise while eating your lunch
 1:00 Walk at Ashton Beach - look for agates and enjoy a cuppa
 1:00 General Knowledge Quiz - test your knowledge with a friendly general quiz

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10:00 Coffee Morning - socialise and have a cuppa
 10:30 Day Trip to Methven - visit the Alpine and Agricultural Encounter and other attractions \$5.00
 10:30 Open Craft - bring your own project to work on
 12:00 Bring Lunch - socialise while eating your lunch
 1:00 Music Appreciation - enjoy music videos from the 90's



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10:00 Coffee Morning - socialise and have a cuppa
 10:30 Cooking on a Budget - Chicken and Vegetable Alfredo, please bring a vegetable of your choice \$2.00
 10:30 Cyanotype Printing and Open Craft - use stencils and sunlight to make prints \$2.00
 12:00 Bring Lunch - socialise while eating your lunch
 1:00 Recycle and Repurpose - turn old flower pots into new flower pot people planters \$2.00
 1:00 Swim at EA Networks Centre - swim, walk laps or soak in the spa

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10:00 Coffee Morning - socialise and have a cuppa
 10:30 Puzzles & Games - play Bananagrams, Yahtzee or try a new puzzle
 10:30 Pottery and Open Craft - make a bowl with a mould or glaze items previously made \$2.00
 12:00 Bring Lunch - socialise while eating your lunch
 1:00 Library Visit - renew membership & browse ancestry section
 1:00 Open Craft - bring your own craft project to work on



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10:00 Coffee Morning - socialise and have a cuppa
 10:30 Day Out Agate Hunting - look for agates at several sites along the Ashburton River
 10:30 Tie-Dyeing and Open Craft - learn to create wonderful patterns on socks (socks supplied) \$2.00
 12:00 Bring Lunch - socialise while eating your lunch
 1:00 Movie Afternoon - watch a popular New Zealand movie or documentary

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10:00 Coffee Morning - socialise and have a cuppa
 10:30 Help to organise our card making supplies - sort and label our paper, stamps, tape, glue etc
 10:30 Sewing Group - sew a quilt or work on previous projects \$2.00
 12:00 Bring Lunch - socialise while eating your lunch
 1:00 Open Craft - bring your own craft project to work on
 1:00 Card Making with Janet \$2.00

