

Step Ahead Puriri Activities - 9 Puriri Street - July 2024

Rāhina - Monday	Rātū - Tuesday	Rāapa - Wednesday	Rāpare - Thursday	Rāmere - Friday
<p>1 9:30 Coffee Morning 10:00 Learn Cooking Together - Afghani Kebab/Burger (\$2.50) 10:00 Technology Group - bring cell phone, camera or any tech gear and questions 12:00 Bring Lunch 1:15 Walking Group 1:15 Disc Golf with Stanmore members at new University course</p> 	<p>2 Step Ahead Closed for Staff Planning</p> 	<p>3 9:30 Coffee Morning 10:00 Art (\$2) 10:00 Tai Chi with Mike (\$3) 10:30 Meals on Wheels - Round 52 12:00 Bring Lunch 1:00 Badminton at Badminton Canterbury (\$2) 1:00 Health Focus Guest Speaker at Stanmore - Support to Stop Smoking and Vaping 1:00 Mosaics (\$4 plus cost of board) 4:00 Dinner - Veggie Soup & Games (\$4.50)</p>	<p>4 9:30 Coffee Morning 9:45 YMCA Climbing with Stanmore members - no experience required (\$5) 10:00 Walking Group 10:00 Day Out Op Shopping in Rangiora & Kaiapoi. Return by 3:30pm. Bring lunch 12:00 Bring Lunch 12:00 Sewing with Petra (\$2) 1:00 Craft - jewellery making (\$2)</p> 	<p>5 9:30 Coffee Morning 10:00 Slow Walkers Group 10:00 What's Happening Panel - help find info about weekend events in the community 10:00 Open Craft - bring along a project to work on and share ideas (with Theo the Therapy Dog) 12:00 Bring Lunch 1:00 Craft - calligraphy (\$2) 1:00 Woodwork Projects - help design and build projects, learn tool handling skills</p>
<p>8 9:30 Coffee Morning 10:00 Swim/Aquajog at Pioneer (\$3) 10:00 Music Appreciation 12:00 Bring Lunch 12:45 Pool/ Darts with Stanmore members at Richmond Club 1:00 Walking Group</p>	<p>9 9:30 Coffee Morning 10:00 Ten Pin Bowling (\$5) 12:00 Bring Lunch 1:00 Mosaics (\$4.00 plus cost of board)</p> 	<p>10 9:30 Coffee Morning 10:00 Tai Chi with Mike (\$3) 10:00 Junk Journal Craft - work on your junk journal or learn to make one (\$2) 10:00 Working Bee - help keep Puriri tidy 12:00 Bring Lunch 1:45 Table Tennis with Stanmore members at Blenheim Road (\$1) 1:00 Craft - make a latch hook rug (\$2)</p> 	<p>11 9:30 Coffee Morning 10:00 Knit and Natter - bring along your knitting or crochet 10:00 Walking Group with Stanmore members 10:30 Meals on Wheels - Round 44 12:00 Bring Lunch 12:30 Member/Staff Liaison Meeting 1:30 Craft - bird houses (\$3) 1:30 Bike Maintenance and Skills - get your trusty steed running smoothly and practice riding skills. Ask Kevin for details or assistance with bikes</p>	<p>12 9:30 Coffee Morning 9:30 Young Adults - Catnap Cafe visit (\$5 to be paid by 5th July) 10:00 Slow Walkers Group 10:00 Puriri Projects - help design and make functional equipment for Puriri 12:00 Bring Lunch 1:00 Beginner's Tramp - Harry Ell track from Victoria Park to Sugarloaf (Port Hills) 1:00 Volunteer at Willowbank - wear old clothes and gumboots</p>
<p>15 9:30 Coffee Morning 10:00 Learn Cooking Together - Vegetable Soup and Scones (\$2.50) 10:00 Technology Group - bring cell phone, camera or any tech gear and questions 12:00 Bring Lunch 1:00 Walking Group 1:00 Craft - make a small rag rug (\$2)</p> 	<p>16 9:30 Coffee Morning 10:00 Ten Pin Bowling (\$5) 12:00 Bring Lunch 1:00 The Joggers Club - wear warm clothes and sneakers, bring drink bottle</p>	<p>17 9:30 Coffee Morning 10:00 Art (\$2) 10:00 Tai Chi with Mike (\$3) 10:30 Meals on Wheels - Round 52 12:00 Bring Lunch 1:00 Badminton at Badminton Canterbury (\$2) 1:00 Mosaics (\$4 plus cost of board) 4:00 Dinner at Chihuahwah Mexican (meals from \$22)</p>	<p>18 9:30 Coffee Morning 10:00 Open Craft - bring along a project to work on and share ideas (with Theo the Therapy Dog) 10:30 Visit Staveley Ice Rink and toast marshmallows on campfire. Bring lunch. Return by 4:30pm 12:00 Bring Lunch 12:00 Sewing with Petra (\$2) 1:00 Housie - bring a (\$2) wrapped prize</p> 	<p>19 9:30 Coffee Morning 10:00 Slow Walkers Group 10:00 Middy Meal Preparation 10:00 Dancing For Fitness - gentle exercise to music 12:00 Bring Lunch 12:00 Middy Meal - Roast Chicken, Veggies and Fruit (\$4.50) 1:00 Craft - painted bookmarks (\$2) 1:00 Woodwork Projects - help design and build projects, learn tool handling skills</p> 
<p>22 9:30 Coffee Morning 10:00 Swim/Aquajog at Pioneer (\$3) 10:00 Indoor Bowls 12:00 Bring Lunch 1:00 Walking Group 1:00 Music Group - join together to sing and play music</p>	<p>23 9:30 Coffee Morning 10:00 Light Lunch Preparation 12:00 Light Lunch - One Pan Mexican Quinoa (\$2.50) 12:00 Bring Lunch 1:00 Ten Pin Bowling (\$5)</p> 	<p>24 9:30 Coffee Morning 9:30 Ashburton Day Trip - visit Art exhibition and op shops. Return by 4:30pm 10:00 Tai Chi with Mike (\$3) 10:00 News & Views - discuss topics & issues 12:00 Bring Lunch 1:45 Table Tennis with Stanmore members at Blenheim Road (\$1) 4:00 Dinner - Chilli Con Carne & Quiz (\$4.50)</p>	<p>25 9:30 Coffee Morning 10:00 Walking Group 10:00 Knit and Natter - bring along your knitting or crochet 10:30 Meals on Wheels - Round 44 12:00 Bring Lunch 1:00 Women's Group - visit Spotlight Northwood for craft ideas 1:00 Garden Group - make bird feeders for the garden, mulch and tidy</p> 	<p>26 9:15 Young Adults - Hanmer Day Trip (optional hot pools \$10) 9:30 Coffee Morning 9:30 Craft - paint watercolour fish and corals (\$2) 10:00 Slow Walkers Group 10:00 Working Bee - help keep Puriri tidy 12:00 Bring Lunch 12:00 Mid Winter Swim - free entry to He Puna Taimoana Hot Pools after our plunge 1:00 Volunteer at Willowbank - wear old clothes and gumboots</p>
<p>29 9:30 Coffee Morning 10:00 Learn Cooking Together - Stir Fry Egg Noodles (\$2.50) 10:00 Fun Quiz 12:00 Bring Lunch 12:45 Walking Group with Stanmore members 1:00 Beginner Sewing - sew a pair of polar fleece mittens (\$2)</p> 	<p>30 9:30 Coffee Morning 10:00 Ten Pin Bowling (\$5) 12:00 Bring Lunch 1:00 Walk and Draw at Riccarton Bush - hot drink provided</p> 	<p>31 9:30 Coffee Morning 10:00 Art (\$2) 10:00 Tai Chi with Mike (\$3) 10:30 Meals on Wheels - Round 52 12:00 Bring Lunch 1:00 Badminton at Badminton Canterbury (\$2) 1:00 Mosaics (\$4 plus cost of board) 4:00 Dinner - Cabbage Chow Mein Noodles & Karaoke (\$4.50)</p>	<p>Wednesday Evening Activities</p> <p>3rd Veggie Soup & Games</p> <p>10th No Evening Meal</p> <p>17th Chihuahwah Mexican</p> <p>24th Chilli Con Carne & Quiz</p> <p>31st Chow Mein Noodles & Karaoke</p>	

Please remember to book in! Phone 389 4001 or 0800 688 732 or txt 022 038 3721