









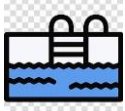















Please remember to book in! Phone 389 4001 or 0800 688 732 or txt 022 038 3721 (Puriri cell phone)

STEP AHEAD PURIRI ACTIVITIES – 9 Puriri Street – January 2020

Māne Monday	Turei Tuesday	Weneri Wednesday	Taite Thursday	Paraire Friday
		1 Step Ahead Closed New Years Day 	2 Step Ahead Closed Happy New Year's Holiday 	3 9:30 Day Trip to Peel Forest with Stanmore and Ashburton members. Bush walks, and relaxation. Bring lunch, sunhat, water bottle and sunblock 
6 9:30 Coffee Morning 10:00 Indoor Bowls 10:00 Technology Group – bring cell phone, camera or any tech gear plus questions 12:00 Bring your own lunch 1:00 Walking Group 	7 9:30 Coffee Morning 10:00 Depart for BBQ at The Groynes (\$4.50) Return by 4:30pm 	8 9:30 Coffee Morning 10:00 Craft Group – Introduction to Crochet (\$1.00) 12:00 Bring your own lunch 1:00 Open Craft - bring along a project to work on and share ideas  10:00 Day out with Stanmore members at Spencer Park – bring lunch, sunblock, hat, water bottle & togs. Cricket, biking, walking, swimming Return by 4:30pm 	9 9:30 Coffee Morning 10:00 Walking Group 10:30 Meals on Wheels 12:00 Bring your own lunch 1:00 Sewing with Petra (\$1.00) 1:00 Music Appreciation 	10 9:30 Coffee Morning 10:00 Craft Group – Corkboard Coasters (\$2.50) 10:00 Exercise at Puriri 12:00 Bring your own lunch 1:00 Christchurch Art Gallery - On going Exhibitions 1:00 Woodwork Group 
13 9:30 Coffee Morning 10:00 Fun Quiz 10:00 Healthy Cooking for One – Grilled chicken wraps, (\$2.50) Bookings by 9am 12:00 Bring your own lunch 12:30 Depart for old time movie at New Brighton Museum (\$2.00) 1:00 Walking Group 	14 9:30 Coffee Morning 10:00 Mosaics (\$4.00 plus cost of board) 12:00 Bring your own lunch 1:00 Ten Pin Bowling (\$6.00) 1:15 Swim/Aquajog at Pioneer (\$3.50) 	15 9:30 Coffee Morning 10:00 Tai Chi with Mike (\$3.00) 10:00 Art Group (\$2.50) 10:30 Meals on Wheels 12:00 Bring your own lunch 1:00 Mosaics (\$4.00 plus cost of board) 1:00 Tennis with Stanmore at Hagley Park 4:00 Depart for BBQ at Spencer Park (\$4.50) 	16 9:30 Coffee Morning 10:00 Walking Group 10:00 Gardening Group 12:00 Bring your own lunch 12:00 Women's Group - Bring your own lunch at Sumner 1:00 Op Shopping 4:00 Depart for Dinner and Karaoke Spaghetti Bolognese, salad & dessert. (\$4.50) 	17 9:30 Coffee Morning 10:00 Board Games and Inspirational Podcast 10:00 Budget Lunch Preparation 12:00 Budget Lunch – Summer salads and cold meat plus fruit (\$4.50) Bookings by 9am 12:00 Bring your own lunch 1:00 Open Craft - bring along a project to work on and share ideas 1:00 Beginners Tramp – Southern bank of Waimakariri River, westward from the bridge (flat) 
20 9:30 Coffee Morning 9:30 Park Walk/Run 2020 Preparation with Stanmore members 10:00 Craft Group – Decoupage (\$2.50) 12:00 Bring your own lunch 12:30 Member Staff Liaison Meeting 1:30 Walking Group 1:30 Music Appreciation 	21 9:30 Coffee Morning 10:00 Craft Group – Quilting: Discussion and examples of quilting projects with op shop visit to check out materials 12:00 Bring your own lunch 1:00 Ten Pin Bowling (\$6.00) 1:15 Swim/Aquajog at Pioneer (\$3.50) 	22 9:30 Coffee Morning 10:00 Tai Chi with Mike (\$3.00) 10:00 News and Views Discussion Group 12:00 Bring your own lunch 12:30 Badminton (\$2.50) – Tournament with Stanmore members and Comcare 4:00 Depart for Dinner and Karaoke Spaghetti Bolognese, salad & dessert. (\$4.50) 	23 9:30 Coffee Morning 10:00 Tubing with Stanmore members down the Otukaikino stream, bring change of clothes and towel. Bring lunch 10:00 Walking Group 10:30 Meals on Wheels 12:00 Bring your own lunch 1:00 Sewing with Petra (\$1.00) 1:00 Afternoon at the beach with an optional swim 	24 9:30 Coffee Morning 10:00 Craft Group – Jewellery Making (\$2.50) 10:00 Exercise at Puriri 12:00 Bring your own lunch 1:00 Urban biking with Stanmore (\$2.50 bike hire or bring your own) 1:00 Craft Group – Simple Homemade Bath Salts (\$2.50) 
27 9:30 Coffee Morning 10:00 Healthy Cooking for One – Tuna Noodle Casserole, bring 1 x 185gms canned tuna and (\$1.00) Bookings by 9am 12:00 Bring your own lunch 1:00 Walking Group  10:00 Depart for Violinos "Musical Adventureland" (\$10.00) Bring your own lunch  Return by 4:30pm	28 9:30 Coffee Morning 10:00 Light Lunch Preparation 12:00 Bring your own lunch 12:00 Light Lunch – Tuna patties and salads (\$2.50) 1:00 Ten Pin Bowling (\$6.00) 1:15 Swim/Aquajog at Pioneer (\$3.50) 	29 9:30 Coffee Morning 10:00 Tai Chi with Mike (\$3.00) 10:00 Art Group (\$2.50) 10:30 Meals on Wheels 12:00 Bring your own lunch 1:00 Mosaics (\$4.00 plus cost of board) 1:30 Table Tennis with Stanmore members at Blenheim Road (\$1.00) 4:00 Depart for Anthony Harper Summer Theatre in Botanic Gardens. BYO dinner and gold coin donation 	30 9:30 Coffee Morning 10:00 Walking Group 10:00 Gardening Group 12:00 Bring your own lunch 12:00 Waikuku – bring lunch followed by games, walking or swimming 1:00 Documentary Group 	31 9:30 Coffee Morning 10:00 Craft Group – Mandala Colouring (\$2.50) 10:00 Working Bee 12:00 Bring your own lunch 1:00 Dancing for Fitness and Fun 1:00 Corsair Bay for swim or walk 