























STEP AHEAD ACTIVITIES. – .167 STANMORE ROAD, JANUARY .2019

Maue Monday	Turei Tuesday	Wenerei Wednesday	Taite Thursday	Paraire Friday
	<p>1 Step Ahead Closed</p> 	<p>2 Step Ahead Closed</p> 	<p>3 10:30 Day out at Spencer Park - bring lunch, sunblock, hat & togs. Cricket, biking, walking</p> 	<p>4 9:00 Day trip to Geraldine with West and Ashburton members. Bring your own lunch.</p> 
<p>7 10:00 Coffee Morning 10:30 Open Craft 1:00 Women's Group - Social Afternoon - Catch up after the holidays and plan for 2019. Please bring a plate to share 1:00 Walking Group</p> 	<p>8 10:00 Art with Selwyn (\$2.50) 1:00 Swim/Aquajog at Pioneer (\$3.50) 1:00 Community Gardens 1:00 Music Group 1:00 Mosaics (\$4.00 plus cost of board)</p> 	<p>9 10:00 Gym Group - bring a towel (\$4.00) 10:00 Swim or walk at Corsair Bay 12:30 Lunch (\$2.50) 1:00 Ten Pin Bowling (\$6.00) 1:00 Documentary Group - watch & discuss 1:30 Table Tennis at Blenheim Road (\$1.00)</p> 	<p>10 10:00 Walking Group 10:00 Painting Techniques (\$2.50) 10:30 Meals on Wheels 1:00 Stone Carving (\$3.50) 1:00 Golf Afternoon (\$6.00) 1:30 Swim/Relax at Taiera QEII (\$3.50)</p> 	<p>11 9:00 Tramp - Lake Clearwater (see Chris or Di for details) 10:00 Open Craft 11:30 Sewing Group - New Year BBQ at Spencer Park (\$4.50) 2:00 Christian Fellowship Group</p> 
<p>14 10:00 Coffee Morning 10:30 Open Craft 12:00 Women's Group - Picnic and walk at Halswell Quarry. Bring your own picnic lunch. 1:00 Walking Group 1:00 Christian Fellowship DVD - Left Behind Part 3</p> 	<p>15 10:00 Art with Selwyn (\$2.50) 1:00 Swim/Aquajog at Pioneer (\$3.50) 1:00 Community Gardens 1:00 Music Group 1:00 Mosaics (\$4.00 plus cost of board) 1:30 Cooking for one - Summer Salads. Bring 1 potato and a slice of bacon or ham and (\$1.00) Bookings by 10am</p> 	<p>16 10:00 Gym Group - bring a towel (\$4.00) 10:30 Visit Turanga - ChCh City new library 12:30 Lunch (\$2.50) 1:00 Ten Pin Bowling (\$6.00) 1:00 Craft Group - Picture Rock Art (\$2.50) 1:00 Tennis</p>  <p>5:00 Bread and Circus Buskers Festival. Bring your own dinner & gold coin donation.</p>	<p>17 10:00 Walking Group 10:00 Painting Techniques (\$2.50) 10:30 Meals on Wheels 12:30 Budget Lunch - Cold meat, salad & dessert (\$4.50) Bookings by 10am 1:00 Stone Carving (\$3.50) 1:30 Swim/Relax at Taiera QEII (\$3.50)</p> 	<p>18 10:00 Gym Group - bring a towel (\$4.00) 10:00 Open Craft 11:00 Meditation Group 12:30 Beginners Tramp with West - (see Chris or Di for details) 1:00 Sewing (\$1:00) 2:00 Christian Fellowship Group</p> 
<p>21 10:00 Coffee Morning 10:30 Open Craft 1:00 Women's Group - Origami with Jeanette. Learn the art of paper folding (\$2.50) 1:00 Walking Group</p> 	<p>22 10:00 Art with Selwyn (\$2.50) 1:00 Swim/Aquajog at Pioneer (\$3.50) 1:00 Community Gardens 1:00 Music Group 1:00 Mosaics (\$4.00 plus cost of board)</p> 	<p>23 10:00 Gym Group - bring a towel (\$4.00) 10:30 Writers and Book Group Planning for 2019 and Writing Exercises 12:30 Lunch (\$2.50) 1:00 Ten Pin Bowling (\$6.00) 1:00 Documentary Group - Watch and Discuss 1:15 Badminton at Cowles Stadium (\$2.50)</p> 	<p>24 10:00 Walking Group 10:30 Water Tubing Otukaikino Stream - See Chris for details. 10:00 Painting Techniques (\$2.50) 10:30 Meals on Wheels 1:00 Stone Carving (\$3.50) 1:15 Sport in the Park with West - cricket, softball or Frisbee golf 1:30 Swim/Relax at Taiera QEII (\$3.50)</p>  <p>5:00 BBQ and Quiz at Stanmore (\$4.50)</p>	<p>25 9:00 Tramp - Dry Acheron Track (See Chris or Di for details) 10:00 Open Craft 1:00 Sewing (\$1:00) 2:00 Christian Fellowship Group</p> 
<p>28 10:00 Coffee Morning 10:30 Open Craft 1:00 Women's Group Afternoon in New Brighton - Op shop, library, art gallery, pier and beach. 1:00 Walking Group 1:00 Christian Fellowship DVD</p> 	<p>29 10:00 Art with Selwyn (\$2.50) 11:30 Men's Group BBQ at the beach (\$4.50) 1:00 Swim/Aquajog at Pioneer (\$3.50) 1:00 Community Gardens 1:00 Music Group 1:00 Mosaics (\$4.00 plus cost of board) 1:30 Cooking for one - Corn Quiche. Bring 1 can of corn, a slice of bacon or ham and (\$1.00) Bookings by 10am</p> 	<p>30 10:00 Gym Group - bring a towel (\$4.00) 10:30 News and Views Discussion Group 12:30 Lunch (\$2.50) 1:00 Ten Pin Bowling (\$6.00) 1:00 Craft Group - Coasters/ Tile Art (\$2.50) 1:15 Nutritionist (Dietary Advice) 1:30 Table Tennis at Blenheim Road (\$1.00)</p>  <p>5:00 Dinner at Leithfield Hotel (Meals from \$14.00)</p>	<p>31 10:00 Walking Group 10:00 Painting Techniques (\$2.50) 10:30 Meals on Wheels 12:30 Budget Lunch - BBQ, salad & dessert (\$4.50) Bookings by 10am 1:00 Golf Afternoon (\$6.00) 1:15 Member Staff Liaison Meeting 2:00 Stone Carving (\$3.50) 2:00 Swim/Relax at Taiera QEII (\$3.50)</p> 