

















STEP AHEAD - RANGIORA MONDAY - JANUARY 2019

Kaiapoi pick up (by arrangement) at 9.30am from the Community Centre, Sewell St

Monday 7 th		Monday 14 th		Monday 21 st		Monday 28 th	
10:00 Coffee Morning 		10:00 Coffee Morning 		10:00 Coffee Morning 		9:30 Day out to Little Akaloa for fishing and walking (bring your own fishing gear and lunch)	
10:30 Swim/Aqua Jog at Dudley Pool (\$2.50) 	10:30 Day out to Christchurch to visit Turanga (new library) - bring your own lunch to have in the Botanic Gardens	10:30 Lunch Prep 	10:30 Open Craft 	10:30 Technology Support (bring your devices)	10:30 News and Views Discussion Group/Board Games		
12:30 Bring your own lunch		11:30 BBQ Budget Lunch at Spencer Park (\$4.50) followed by walking and games		11:15 Meals on Wheels 	12:30 Bring your own lunch 		
1:30 Walk at Silverstream Reserve 				1:30 Member Staff Meeting			
				2:00 Visit to Rangiora Op Shops 	2:00 Nutrition with Kiera 	1:00 Swim at Dudley Pool (\$2.50) 	

86 Victoria Street, Rangiora

BOOKINGS ESSENTIAL Phone 0800 688 732 or txt 022 173 1673