






















# STEP AHEAD ACTIVITIES – 167 STANMORE ROAD, JANUARY 2017

Mane Monday	Turei Tuesday	Wenerei Wednesday	Taite Thursday	Paraire Friday
<p><b>Step Ahead Closed</b></p> 	<p><b>Step Ahead Closed</b></p> 	<p>4 9:45 Day Trip to Waikuku - bring lunch, togs, sunblock &amp; hat - walk, swim, volleyball, tennis etc.</p> 	<p>5 9:00 Day Trip to Timaru - Caroline Bay Carnival - Fairground stalls and live entertainment. BYO lunch. Return by 5.30pm</p> 	<p>6 10:30 Open Craft 12:30 Sausage Sizzle (\$2.50) 1:00 Fun games in the park. E.g. Egg &amp; spoon race!</p> 
<p>9 10:00 Coffee Morning - Savoury scones (\$1.50) 10:30 Day Trip to Glentunnel with West and Rangiora members. BYO lunch, sun hat, togs. Cricket, biking, walking etc 10:30 Open Craft 1:00 Walking Group with West members</p> 	<p>10 10:00 Art with Selwyn (\$2.50) 1:00 Swim/Aquajog at Pioneer (\$3.00) 1:00 Community Gardens 1:00 Music Group 1:00 Mosaics (\$4.50 plus cost of board)</p> 	<p>11 10:15 Gym at Redwood (\$3.00) 10:30 Discussion Group - News &amp; Views 12:30 Lunch (\$2.50) 1:00 Ten Pin Bowling (\$5.00) 1:00 Tennis</p>  <p>5:00 Dinner and Karaoke at Stanmore Road (\$4.50)</p>	<p>12 10:00 Walking Group 10:00 Painting Techniques (\$2.50) 10:30 Meals on Wheels 12:30 Budget Lunch - BBQ, salad &amp; dessert (\$4.50). Bookings by 10am 1:00 Stone Carving (\$2.50) 1:00 Men's Group - visit Environment Canterbury 1:30 Swim/Relax at Pioneer (\$3.00)</p> 	<p>13 9:00 Tramp - Whitecliffs Copper Mine (see Chris or Di for details) 10:00 Open Craft 10:00 Working Bee Day - preparing deck and furniture for staining. Afternoon tea provided 1:00 Sewing 2:00 Christian Fellowship Group</p> 
<p>16 10:00 Coffee Morning - Pikelets (\$1.50) 10:30 Open Craft 1:00 Women's Group - Botanical Gardens walk &amp; cuppa 1:00 Walking Group with West members 1:00 Prayer Group</p> 	<p>17 10:00 Art with Selwyn (\$2.50) 11:00 20's &amp; 30's Group - BBQ at Spencer Park &amp; programme planning (\$4.50) 1:00 Swim/Aquajog at Pioneer (\$3.00) 1:00 Community Gardens 1:00 Music Group 1:00 Cooking - Easy Corn Quiche - bring 1x410gms can corn kernels (\$1.00) Bookings by 10am 1:00 Mosaics (\$4.50 plus cost of board)</p> 	<p>18 10:15 Gym at Redwood (\$3.00) 10:30 Writers and Book Group - Christmas Holiday poems &amp; stories. Read, write &amp; discuss. 12:30 Lunch (\$2.50) 1:00 Ten Pin Bowling (\$5.00) 1:00 Craft - Button Art (\$2.50)</p> 	<p>19 9:00 Men's Group Day Trip - Arthurs Pass and Otira 10:00 Walking Group 10:00 Painting Techniques (\$2.50) 10:30 Meals on Wheels 1:00 Stone Carving (\$2.50) 1:30 Swim/Relax at Pioneer (\$3.00)</p> <p>5:00 Dinner at Leithfield Hotel (Meals from \$14.00)</p> 	<p>20 10:15 Gym at Redwood (\$3.00) 10:00 Open Craft 1:00 Sewing 1:00 Mountain Biking (\$2.50 bike hire) 2:00 Christian Fellowship Group</p> 
<p>23 10:00 Coffee Morning - Scones (\$1.50) 10:30 Open Craft 11:30 Women's Group - Sausage Sizzle (\$2.50) &amp; beach walk at Scarborough 1:00 Walking Group 1:00 Prayer Group</p> 	<p>24 10:00 Art with Selwyn (\$2.50) 1:00 Swim/Aquajog at Pioneer (\$3.00) 1:00 Community Gardens 1:00 Music Group 1:00 Mosaics (\$4.50 plus cost of board)</p> 	<p>25 10:15 Gym at Redwood (\$3.00) 10:30 Day Out - Lake Roto Kohatu with West and Rangiora members - Canoeing, walking, and relaxing (canoe hire \$2.50) 12:30 Lunch (\$2.50) 1:00 Ten Pin Bowling (\$5.00) 1:15 Dietitian</p> 	<p>26 10:00 Walking Group 10:00 Painting Techniques (\$2.50) 10:30 Meals on Wheels 12:30 Budget Lunch - Cold meat, salad &amp; dessert (\$4.50) Bookings by 10am 1:15 Member Staff Liaison Meeting 2:00 Stone Carving (\$2.50) 2:00 Swim/Relax at Pioneer (\$3.00) 5:00 Buskers Comedy Club (\$2.00) BYO picnic tea</p> 	<p>27 9:00 Tramp - Ryde Falls from Coopers Creek (See Chris or Di for details) 10:00 Open Craft 10:00 Working Bee Day - staining deck and outdoor furniture. Afternoon tea provided 1:00 Sewing 2:00 Christian Fellowship Group</p> 
<p>30 10:00 Coffee Morning - Savouries (\$1.50) 10:30 Open Craft 1:00 Women's Group - Addington Coffee Co-op &amp; Shops. Bring \$\$ 1:00 Walking Group 1:00 Prayer Group</p> 	<p>31 10:00 Art with Selwyn (\$2.50) 1:00 Swim/Aquajog at Pioneer (\$3.00) 1:00 Community Gardens 1:00 Music Group 1:00 Cooking - Beefy Stuffed Potatoes -bring 2 potatoes (\$1.00) Bookings by 10am 1:00 Mosaics (\$4.50 plus cost of board)</p> 