
















# STEP AHEAD - RANGIORA MONDAY - JANUARY 2017

Kaiapoi pick up (by arrangement) at 9:30am from the Community Centre, Sewell St

Monday 2 <sup>nd</sup>	Monday 9 <sup>th</sup>	Monday 16 <sup>th</sup>	Monday 23 <sup>rd</sup>	Monday 30 <sup>th</sup>		
<p><b>Step Ahead Closed</b></p> 	<p>10:00 Day out to Glentunnel with Stanmore and West members. Bring your own lunch, sun hat, togs. Cricket, biking, walking, relaxing etc</p>  <p>Return by 4pm</p> 	<p>10:00 Morning Tea</p> 	<p>10:00 Morning Tea</p> 	<p>10:00 Morning Tea</p> 		
		<p>10:30 Visit to local shops for craft ideas and supplies</p>	<p>10:30 Music Appreciation</p> 	<p>10:30 Swimming at Dudley Pool (\$2.00)</p> 	<p>10:30 Food Shopping and lunch preparation</p> 	<p>10:30 Mystery Day Trip - bring your own lunch</p> 
		<p>11:15 Meals on Wheels</p> 	<p>12:30 Bring your own lunch</p> 	<p>12:00 Lunch at Pegasus - BBQ, salad + fruit (\$4.50) followed by Member Staff Liaison Meeting, walking or Petanque</p>		
		<p>1:00 Craft afternoon (cost to be advised)</p>	<p>1:00 Walk at local park</p> 			

86 Victoria Street, Rangiora

BOOKINGS ESSENTIAL Phone 0800 688 732 or txt 022 173 1673