





















STEP AHEAD ACTIVITIES - 167 STANMORE ROAD, DECEMBER 2018

Mahe Monday	Turei Tuesday	Wenerai Wednesday	Taite Thursday	Paraire Friday
<p>3 10:00 Coffee Morning 10:30 Open Craft 1:00 Women's Group - Decorate the house for Christmas. Afternoon tea provided 1:00 Walking Group 1:00 Christian Fellowship DVD</p> 	<p>4 10:00 Art with Selwyn (\$2.50) 12:00 Holistic Wellness Group - bring your own lunch at local park 1:00 Swim/Aquajog at Pioneer (\$3.50) 1:00 Gardening Group 1:00 Music Group 1:00 Mosaics (\$4.00 plus cost of board)</p> 	<p>5 10:00 Gym Group - bring a towel (\$4.00) 10:30 News and Views Discussion Group 12:30 Lunch (\$2.50) 1:00 Ten Pin Bowling (\$6.00) 1:00 Craft - Visit op shops for Christmas shopping. Return by 4.30pm 1:30 Table Tennis at Blenheim Rd (\$1.00)</p> 	<p>6 10:00 Walking Group 10:00 Painting Techniques (\$2.50) 10:30 Meals on Wheels 10:30 Men's Group Lunch at Famous Grouse Lincoln (Meals from \$15.00) 1:00 Stone Carving (\$2.50) 1:30 Swim/Relax at Taioira QEII (\$3.50) 5:00 Outdoor Cinema at Arts Centre. Gold Coin Donation. (Bring your own dinner)</p>  	<p>7 10:00 Gym Group - bring a towel (\$4.00) 10:00 Open Craft 11:00 Meditation Group 1:00 Sewing (\$1.00) 1:00 Mountain Biking (\$2.50 bike hire) 2:00 Christian Fellowship Group</p>
<p>10 10:00 Coffee Morning 10:30 Open Craft 10:00 Women's Group - Visit to Laura's Organic Dairy Farm. Bring your own lunch and gold coin donation. Wear suitable footwear. 1:00 Walking Group</p> 	<p>11 10:00 Art with Selwyn (\$2.50) 1:00 Swim/Aquajog at Pioneer (\$3.50) 1:00 Gardening Group 1:00 Music Group 1:00 Mosaics (\$4.00 plus cost of board) 1:00 Cooking for One - Christmas Mince Pies. Bring 100gms of dried mixed fruit and \$1.00. Bookings by 10am</p> 	<p>12 10:00 Gym Group - bring a towel (\$4.00) 10:30 Writers and Book Group - Bring and share poetry or prose 12:30 Lunch (\$2.50) 1:00 Ten Pin Bowling (\$6.00) 1:00 Documentary Group 1:15 Badminton at Cowles Stadium (\$2.50) 5:00 BBQ at the Groynes (\$4.50)</p> 	<p>13 10:30 Meals on Wheels Step Ahead Christmas Lunch at the Garden Hotel Restaurant 11:30 at Restaurant (110 Marshland Road) Bookings essential (\$20.00)</p> 	<p>14 9:00 Tramp to Lake Catherine. (See Chris or Di for details). Bring togs. 10:00 Open Craft 1:00 Sewing (\$1.00) 2:00 Christian Fellowship Group</p> 
<p>17 10:00 Coffee Morning 10:30 Open Craft 1:00 Women's Group Christmas DVD. Please bring a small plate to share 1:00 Walking Group 1:00 Christian Fellowship DVD</p> 	<p>18 10:00 Art with Selwyn (\$2.50) 12:00 Step Ahead Closed (Staff end of year function)</p> 	<p>19 10:00 Gym Group - bring a towel (\$4.00) 10:30 News and Views Discussion Group 12:30 Lunch (\$2.50) 1:00 Ten Pin Bowling (\$6.00) 1:00 Craft - Finish projects, card making and programme planning (\$2.50) 1:00 Tennis</p> 	<p>20 10:00 Walking Group 10:00 Painting Techniques (\$2.50) 10:30 Meals on Wheels 1:00 Golf Afternoon (\$6.00) 1:00 Stone Carving (\$2.50) 1:00 Sport in the park with West. (Cricket, Softball or Frisbee Golf) 1:30 Swim/Relax at Taioira QII (\$3.50) 5:00 Dinner at Tai Tapu Hotel (Meals from \$14.00)</p> 	<p>21 10:00 Gym Group - bring a towel (\$4.00) 10:00 Open Craft 11:00 Meditation Group 1:00 Sewing (\$1.00) 1:00 Mountain Biking (\$2.50 bike hire) 2:00 Christian Fellowship Group</p> 
<p>24 10:00 Christmas morning tea - please bring a small plate to share Closed at Midday</p> 	<p>25 Step Ahead Closed Christmas Day Holiday</p> 	<p>26 Step Ahead Closed Boxing Day Holiday</p> 	<p>27 10:00 Walking Group 12:30 Sausage Sizzle (\$2.50) 1:00 Cricket in the park</p> 	<p>28 10:00 Day Trip to Lake Hood. Bring lunch, sunblock, togs & hat. Walking and swimming.</p> 
<p>31 9:30 Day Trip to Ashley Gorge - bring lunch, sunblock, hats & togs. Cricket, biking, walking etc.</p> 