





















Please remember to book in! Phone 389 4001 or 0800 688 732 or txt 022 173 1673

STEP AHEAD ACTIVITIES - 167 STANMORE ROAD, DECEMBER 2017

Mahe Monday	Turei Tuesday	Wenerei Wednesday	Taite Thursday	Paraire Friday
				<p>1 9:00 Tramp - Glenthorne Station, Wilberforce Valley - See Chris or Di for details 10:00 Open Craft 11:00 Meditation Group 11:30 Sewing Group BBQ at the Groynes (\$4.50) 2:00 Christian Fellowship Group</p> 
<p>4 10:00 Coffee Morning - Pikelets (\$1.50) 10:30 Open Craft 1:00 Women's Group - Decorating the house for Christmas followed by afternoon tea 1:00 Walking Group</p> 	<p>5 10:00 Art with Selwyn (\$2.50) 1:00 Swim/Aquajog at Jellie Park (\$3.00) 12:00 Community Gardens - End of Year BBQ 1:00 Music Group 1:00 Mosaics (\$4.00 plus cost of board) 1:00 Cooking for One - Christmas Shortbread (\$2.50)</p> 	<p>6 10:15 Gym Group - bring a towel (\$3.00) 10:30 Writers & Book Group - Recount Writing on 'Christmas Past' 12:30 Lunch (\$2.50) 1:00 Ten Pin Bowling (\$5.00) 1:00 Table Tennis at West Hall 1:00 Craft - Christmas Craft and finishing projects (\$2.50) 1:00 Social Group - walk & optional coffee (Bring \$\$)</p> 	<p>7 10:00 Walking Group 10:00 Painting Techniques (\$2.50) 10:30 Meals on Wheels 12:30 Budget Lunch - Cold meat, salad & dessert (\$4.50) - Bookings by 10am 1:00 Stone Carving (\$2.50) 1:30 Swim/Relax at Jellie Park (\$3.00) 5:00 Dinner at 808 (Meals from \$16.00)</p> 	<p>8 9:30 Visit White-Flipped Penguins at Taylors Mistake - see Chris or Di for details - Bring your own lunch 10:00 Open Craft 1:00 Sewing (\$2.50 for materials etc.) 2:00 Christian Fellowship Group</p> 
<p>11 10:00 Coffee Morning - Scones (\$1.50) 10:30 Open Craft 1:00 Women's Group - visit the Pataka Christmas Shop. Browse or bring \$\$ to buy 1:00 Walking Group</p> 	<p>12 10:00 Art with Selwyn (\$2.50) 11:30 Men's Group Swim & Walk at Corsair Bay. Bring your own lunch 12:00 20's & 30's Group - Lunch at La Porcetta (Pizza & Pasta meals from \$12) 1:00 Swim/Aquajog at Jellie Park (\$3.00) 1:00 Community Gardens 1:00 Music Group 1:00 Mosaics (\$4.00 plus cost of board)</p> 	<p>13 10:15 Gym Group - bring a towel (\$3.00) 10:30 News & Views Discussion Group 12:30 Lunch (\$2.50) 1:00 Ten Pin Bowling (\$5.00) 1:00 Tennis 1:00 Documentary Group - watch & discuss 5:00 BBQ at the Groynes (\$4.50)</p> 	<p>14 10:30 Meals on Wheels Step Ahead Christmas Lunch at the Garden Hotel Restaurant 11:30 at Restaurant (110 Marshland Road) Bookings essential (\$18.00)</p> 	<p>15 9:00 Tramp - Crater Rim Walkway - See Chris or Di for details. 10:00 Open Craft 11:00 Meditation Group 1:00 Sewing (\$2.50 for materials etc.) 1:00 Garden Working Bee followed by afternoon tea 2:00 Christian Fellowship Group</p> 
<p>18 10:00 Coffee Morning - Christmas mince pies (\$1.50) 10:30 Open Craft 1:00 Women's Group - Socialise at Addington Coffee Co-op and plan for 2018. Bring \$\$ 1:00 Walking Group</p> 	<p>19 10:00 Art with Selwyn (\$2.50) 12:00 Step Ahead Closed (Staff end of year function)</p> 	<p>20 10:15 Gym Group - bring a towel (\$3.00) 10:30 Writers & Book Group - Share poems, prose or your own work. Review 2017 & plan for 2018 12:30 Lunch (\$2.50) 1:00 Ten Pin Bowling (\$5.00) 1:00 Craft - Visiting Christmas shops and afternoon tea. Bring \$\$ 1:45 Badminton at Cowles Stadium (\$2.50) 5:00 Dinner at New Brighton (Meals from \$10.50)</p> 	<p>21 10:00 Walking Group 10:00 Painting Techniques (\$2.50) 10:30 Meals on Wheels 12:30 Budget Lunch - BBQ, salad & dessert (\$4.50) - Bookings by 10am 1:15 Member Staff Liaison Meeting 2:00 Stone Carving (\$2.50) 2:00 Swim/Relax at Jellie Park (\$3.00)</p> 	<p>22 10:00 Christmas morning tea - please bring a plate to share</p> <p>Closed at Midday</p> 
<p>25 Step Ahead Closed Christmas Day Holiday</p> 	<p>26 Step Ahead Closed Boxing Day Holiday</p> 	<p>27 9:30 Day Trip to Ashley Gorge - bring lunch, sunblock, hats & togs. Cricket, biking, walking etc.</p> 	<p>28 10:00 Walking Group 12:30 Sausage Sizzle (\$2.50) 1:00 Cricket in the park</p> 	<p>29 10:30 Day Out at Glentunnel - Bring lunch, sunblock, hat & togs. Cricket, biking, walking etc.</p> 