

Step Ahead Ashburton - Ākuhata / August 2026

Rāhina - Monday	Rāapa - Wednesday	Rāmere - Friday
3 10:00 Coffee Morning - socialise and have a cuppa 10:30 Pottery or Open Craft - make a kurinuku tumbler \$2.00 1:00 Walk around the Ashburton Domain - enjoy the seasonal colours 1:00 Open Craft - bring your own craft project to work on 1:00 Puzzles and Games - play a game of Bananagrams, Yahtzee or try a new puzzle 	5 10:00 Coffee Morning - socialise and have a cuppa 10:30 Indoor Games - challenge yourself or other members to a game of indoor bowls, table tennis or quoits 10:30 Visit Ashburton Library - puzzle swap 1:00 Baby Photo Quiz - bring a photo from childhood and guess who is who 1:00 Visit Arofa Cafe - neurodivergent hub and sensory experience. Bring \$\$	7 10:00 Coffee Morning - socialise and have a cuppa 10:30 Lunch Preparation - help prepare lunch 10:30 Puzzles and Games - play Bananagrams etc or try a jigsaw puzzle 12:00 Lunch - Lasagna and Vegetables \$3.50 1:00 Knitting and Crochet Group or Open Craft - knit a Peggy square or crochet a coaster or work on your own project \$2.00 1:00 Walk at Lake Hood - enjoy a cuppa 
10 10:00 Coffee Morning - socialise and have a cuppa 10:30 Day Trip to Ashton Beach - hunt for agates and light a bonfire 10:30 General Knowledge Quiz - test your knowledge in a fun quiz 1:00 Music Appreciation - choose favourite bands and enjoy different genres 	12 10:00 Coffee Morning - socialise and have a cuppa 10:30 Cooking on a Budget - Veggie Quiche - see app for details \$2.00 10:30 Visit Princes Court Rest Home - support residents with a simple craft activity 10:30 Open Craft - bring your own craft project to work on 1:00 Walk around the Domain - enjoy the fresh air and company 1:00 Acrylic Painting or Open Craft - bring your own craft project to work on	14 10:00 Coffee Morning - socialise and have a cuppa 10:30 Virtual Reality Games - Fruit Ninja, Beat Saber etc 10:30 Open Craft - colour letters for Starship Hospital or bring your own project 1:00 Jewellery with Canbead - make your own jewellery 
17 10:00 Coffee Morning - socialise and have a cuppa 10:30 Deliver Meals on Wheels - to people in their homes 10:30 Ice Breaker Games - spend the morning getting to know each other with fun games 1:00 Walk around Argyle Park - an easy loop track 1:00 Felting or Open Craft - make little animals or carry on with a previous project \$2.00	19 10:00 Coffee Morning - socialise and have a cuppa 10:30 Deliver Meals on Wheels - to people in their homes 10:30 Sewing Group or Open Craft - sew a pin cushion that attaches to your wrist \$2.00 1:00 Puzzles & Games - play Bananagrams, try a new puzzle 1:00 Pickle Ball at EA Networks \$2.00 	21 10:00 Coffee Morning - socialise and have a cuppa 10:30 Member/Staff Liaison Meeting 11:00 Deliver Meals on Wheels - to people in their homes 11:00 Housie - bring a \$2 prize or play for fun 1:00 Lived Experience Voices Group - exploring drop in centres 1:00 Swim at EA Networks - bring togs and towel
24 10:00 Coffee Morning - socialise and have a cuppa 10:30 Pottery or Open Craft - make an incense holder \$2.00 10:30 Visit the Art Gallery 1:00 Open Craft - bring your own craft project to work on 1:00 Puzzles & Games - play Bananagrams, Yahtzee etc or try a new puzzle 	26 10:00 Coffee Morning - socialise and have a cuppa 10:30 Sewing Group or Open Craft - bring an item to mend or work on a previous project \$2.00 10:30 Walk at Ashburton River Trail - and look for agates on the riverbed 1:00 Open Craft or colour letters for Starship Hospital 1:00 Paint or Decorate Rocks to place at Ashburton Hospital \$2.00	28 10:00 Horse Therapy at Dayboo Clydesdale Stud \$5.00 10:00 Coffee Morning - socialise and have a cuppa 10:30 Pottery or Open Craft - make a small serving tray \$2.00 1:00 Op Shopping for Recycle and Repurpose Projects 1:00 Open Craft - bring your own project to work on 
31 10:00 Day Trip - metal detecting at nearby locations 10:00 Coffee Morning - socialise and have a cuppa 10:30 Print Making or Open Craft - make a cyanotype print \$2.00 1:00 Card Making or Open Craft - make cards for friends and family \$2.00 		Bookings for August open on Monday 20th July at 9am Bookings for September open on Monday 24th August at 9am