


















STEP AHEAD – ASHBURTON FRIDAY – AUGUST 2019

Friday 2 nd	Friday 9 th	Friday 16 th	Friday 23 rd	Friday 30 th
<p>10:00 Day out to Timaru to visit the South Canterbury Museum</p> <p>Bring your own lunch</p> 	<p>Puriri St Members visiting today</p> <p>10:00 Coffee Morning</p>	<p>Step Ahead at 254 Cameron Street today</p> <p>10:00 Coffee Morning</p>	<p>10:00 Coffee Morning</p> 	<p>10:00 Day out to Christchurch for Ten Pin Bowling (\$6.00)</p> 
	<p>10:30 Member Staff Liaison Meeting</p> 	<p>10:30 Lunch Prep</p> 	<p>10:30 Fun Quizzes</p> 	<p>10:30 Knitting cat blankets for the SPCA /or Mandala Art</p> 
	<p>11:00 Board games</p> 		<p>11:15 Meals on Wheels</p> 	<p>Bring your own lunch in the Botanic Gardens</p>
	<p>12:00 Bring your own lunch</p> 	<p>12:00 Light Lunch - Chicken Wraps & Fruit (\$2.50)</p> 	<p>1:00 Bring your own lunch</p> 	
<p>12:30 Swim at E A Network Pool (\$3.00)</p> 	<p>12:30 Op Shopping</p> 	<p>1:30 Art Group (\$2.50)</p> 	<p>2:00 Walking at Lake Hood</p> 	

Community House 44 Cass Street ASHBURTON
 BOOKINGS ESSENTIAL Phone 0800 688 732 or txt 022 173 1673