






Step Ahead Ashburton - Whiringa-ā-nuku/October 2025

Rāhina - Monday	Rāapa - Wednesday	Rāmere - Friday
	<p>1</p> <p>10:00 Day Trip to Mt Hutt</p> <p>Ride the chairlift and snowmobile Wear sturdy footwear. Bring lunch Return by 4pm</p>	<p>3 10:00 Coffee Morning -Socialise and have a cuppa 10:30 Next Step Forum - have your say about our future direction 12:00 Lunch - Shepherd's Pie, Veggies & Fruit \$3.50 12:00 Bring Lunch - socialise while eating your lunch 1:00 Open Craft - bring your own craft project to work on or colour letters for Starship Hospital 1:00 Walk around Ashburton Domain - enjoy the spring flowers and a cuppa in the domain</p> 
<p>6 10:00 Coffee Morning - socialise and have a cuppa 10:00 Enabling Good Lives Appointments - book a time with Kaylee 0800 688 732 10:30 Walk around Argyle Park - an easy loop track 10:30 Open Craft - bring your own craft project to work on or colour letters for Starship Hospital 12:00 Bring Lunch - socialise while eating your own lunch 1:00 Ceramics with Rangiora members - make spoons out of clay \$2 1:00 Open Craft - bring your own craft project to work on</p>	<p>8 10:00 Coffee Morning - socialise and have a cuppa 10:00 Day Trip to Christchurch to visit the Step Ahead Art Exhibition. Bring lunch. Return by 4:30pm 10:30 Make an artificial coloured flower with cotton discs and dye \$2 12:00 Bring Lunch - socialise while eating your own lunch 1:00 Quizzes and Games - a fun quiz followed by board games</p> 	<p>10 10:00 Coffee Morning - socialise and have a cuppa 10:30 Housie - bring a \$2 prize or play for fun 12:00 Bring Lunch - socialise while eating your own lunch 1:00 Outdoor Games - play Kubbe or Frisbee 1:00 Mosaics - create decorative artworks (new board \$5) \$4</p>
<p>13 10:00 Coffee Morning - socialise and have a cuppa 10:30 Visit Ashburton Art Gallery - see local artist Margaret Trolove's work 10:30 Paper Mâché - continue with our planets project or make your own \$1 12:00 Bring Lunch - socialise while eating your own lunch 1:00 Walk on the Rangitata Diversion Race and enjoy a cuppa with scenic views 1:00 Glass Painting - decorate a vase or bowl to take home \$2</p> 	<p>15 10:00 Coffee Morning - socialise and have a cuppa 10:30 Cooking Group - learn to make Veggie Fried Rice, bring a small onion \$1 10:30 Volunteer at Cold Stream Rest Home - support residents with a simple craft activity 12:00 Bring Lunch - socialise while eating your own lunch 1:00 Drive to Wakanui Beach - have a go at fishing or enjoy a bonfire and toasted marshmallows</p>	<p>17 10:00 Coffee Morning - socialise and have a cuppa 10:00 Horse Therapy with Lisa - spend time with friendly horses \$5 10:30 Acrylic Painting - learn to paint a sunrise over Mt Somers \$2 12:00 Bring Lunch - socialise while eating your lunch 1:00 Open Craft - bring your own craft project to work on 1:00 Tai Chi with Peter - beginner level \$3</p> 
<p>20 10:00 Coffee Morning - socialise and have a cuppa 10:30 Watercolour Painting - paint a simple seascape \$2 10:30 Walk in Ashburton Domain - enjoy the spring flowers 12:00 Bring Lunch - socialise while eating your own lunch 1:00 Swim at EA Networks or relax in the spa \$2 1:00 Needle Felting - use unspun wool and needles to create little animals or people \$2</p>	<p>22 10:00 Coffee Morning - socialise and have a cuppa 10:30 Glaze Ceramics - glaze your recent work or a tile \$2 10:30 Craft - upcycle an old t-shirt into a shopping bag \$2 12:00 Bring Lunch - socialise while eating your own lunch 1:00 Visit Coniston Gardens - enjoy a tour of this fantastic garden followed by a cuppa \$5</p> 	<p>24 10:00 Coffee Morning - socialise and have a cuppa 10:00 Agate Hunting near Mayfield and Mt Somers - wear gumboots or bring a change of shoes. Return by 4pm 10:30 Puzzles and Games - play board games or have a go at a jigsaw 12:00 Bring Lunch - socialise while eating your own lunch 1:00 Craft - make pin cushions in fancy tea cups \$2</p>
<p>27</p> <p>Step Ahead Closed for Labour Day</p>	<p>29 10:00 Coffee Morning - socialise and have a cuppa 10:00 Day Trip to Rolleston and Burnham - visit local attractions. Return by 4pm 10:30 Ceramics - make a planter and base \$2 12:00 Bring Lunch - socialise while eating your own lunch 1:00 Open Craft - bring your own craft project to work on</p>	<p>31 10:00 Coffee Morning - socialise and have a cuppa 10:30 Ashburton A&P Show - a great day out with hundreds of stalls and exhibits \$10</p> 

Walnut Avenue Pavillion on the Ashburton Domain
Please remember to book in! Phone or text 022 605 3042