











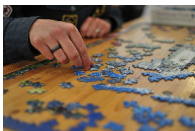
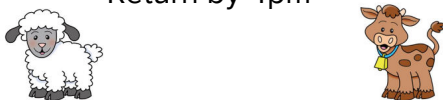





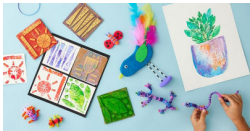




Step Ahead Ashburton Rāapa - Wednesday April 2024

Rāapa - Wednesday 3 rd	Rāapa - Wednesday 10 th	Rāapa - Wednesday 17 st	Rāapa - Wednesday 24 th
10:00 Coffee Morning	10:00 Coffee Morning	10:00 Coffee Morning	10:00 Day Trip to Little River Visit Little River Store and Art Gallery Bring lunch Visit local attractions Return by 4:30pm
10:30 Housie - bring a (\$2) prize or play for fun 	10:30 Next Step Forum - come and have your say! 11:00 Quizzes and Games 	10:30 Rock painting - all materials provided 	
12:00 Bring lunch 	12:00 Bring lunch 	12:00 Bring lunch 	
1:00 Craft with Lara - all materials provided (\$2) or 1:00 Walk at Ashburton Domain - cuppa provided 	1:00 Swim at EA Networks Pool (\$2) or 1:00 Play Frisbee Golf at EA Networks (\$2) 	1:00 Movie Afternoon - members choice 	
		10:00 Day out to Lake Heron Bring your lunch and water, wear walking shoes Return by 4:30pm 	 

Community House 44 Cass Street ASHBURTON
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Step Ahead Ashburton Rāmere – Friday April 2024

Rāmere - Friday 5 th	Rāmere - Friday 12 th	Rāmere - Friday 19 th	Rāmere - Friday 26 th
<p>10:00 Coffee Morning - meet at Baptist Church, 284 Havelock Street for the day</p>	<p>9:30 Young Adults (35yrs and under) Day out to Willowbank with Stanmore Young Adults Group (\$5)</p> <p>Bring lunch or \$\$ to buy at the cafe</p> <p>Return by 4pm</p>	<p>10:00 Coffee Morning - day at Short Street Studio, corner Short Street and Winter Street for the day</p>	<p>10:00 Coffee Morning</p>
<p>10:30 Prepare midday meal or 10:30 Games and Puzzles</p> 		<p>10:30 Mosaics - all materials provided (\$4)</p> 	<p>10:00 Croquet at Waireka Croquet Club - have a go at playing croquet in Ashburton Domain</p>
<p>12:30 Midday Meal - Roast with Veggies and Dessert (\$4.50)</p> 	<p>10:00 Day out to Geraldine Visit Roger Mahan Heritage Centre - heritage collection of vintage vehicles (\$5)</p> <p>Bring lunch</p> <p>Return by 4pm</p> 	<p>12:00 Bring lunch</p> 	<p>1:00 Glass Painting - all materials provided (\$2)</p> 
<p>1:30 Visit Ashburton Library or 1:30 Open Craft - bring a craft project to work on</p> 		<p>1:00 Glaze a Ceramic Tile - decorate a tile with glaze (or decorate the ceramics you made in February) All materials provided (\$2)</p> 	<p>10:30 Fridays in the Forest Help Staveley Camp prepare for their Wellbeing Weekend</p> <p>Bring lunch</p> <p>Return by 3:30pm</p> 

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