












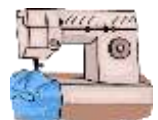










STEP AHEAD WEST ACTIVITIES – 9 Puriri St – APRIL 2019

Māne Monday		Turei Tuesday		Wenerai Wednesday		Taite Thursday		Paraire Friday			
<p>1 9:30 Coffee Morning 10:00 Fun Quiz 12:00 Bring your own lunch 1:00 Walking Group</p> 		<p>8:45 Akaroa Black Cat Day Trip (\$40.00) Bring your own lunch</p> <p>Return by 4:30pm</p> 		<p>3 9:30 Coffee Morning 10:00 Indoor Bowls or Darts 10:00 Art Group (\$2.50) 12:00 Bring your own lunch 1:00 Mosaics (\$4.00 plus cost of board) 1:00 Badminton at Cowles Stadium (\$2.50)</p> 		<p>4 9:30 Coffee Morning 10:00 Walking Group 10:30 Meals on Wheels 12:00 Bring your own lunch 1:00 Sewing with Petra (\$1.00) 1:00 Gardening</p> <p>4:00 Depart for Bread Roll, Frittata, Salad and Veggies and DVD at Stanmore</p> 		<p>5 9:30 Coffee Morning 10:30 Craft - Complete Ornate Plaster & Clay projects (\$2.50 for new projects) 10:30 Tai Chi (\$3.00) 12:00 Bring your own lunch 1:00 Open Craft - bring along a project to work on and share ideas</p> 			
<p>8 9:30 Coffee Morning 10:00 Swimming at Jellie Park (\$3.50) 10:00 Healthy Cooking for One - Home made chicken soup - bring one chicken breast (\$1.00) Bookings by 9am 12:00 Bring your own lunch 1:00 Walking Group 1:00 Working bee</p> 		<p>9 10:00 Coffee Morning 10:30 Mosaics (\$4.00 plus cost of board) 12:30 Bring your own lunch 1:15 Swim/Aquajog at Pioneer (\$3.50) 1:30 Ten Pin Bowling (\$6.00)</p> 		<p>10 9:30 Coffee Morning 10:00 Card Craft (\$2.50) 10:30 Meals on Wheels 12:00 Bring your own lunch 12:00 Depart for CBS concert (\$5.00) with lunch option (extra \$6.00) 1:00 Tennis at Hagley Park</p> 		<p>11 9:30 Coffee Morning 10:00 Music Appreciation and Karaoke - bring some favourite music 10:00 Women's group - Board games 12:00 Bring your own lunch 1:00 Arion Farm Visit (\$3.00) 1:00 Op Shopping</p> 		<p>12 9:30 Coffee Morning 10:00 Craft - Jewellery Making (\$2.50) 10:30 Budget Lunch Preparation 10:30 Tai Chi (\$3.00) 12:00 Budget Lunch - BBQ and Salads (\$4.50) Bookings by 9am 12:00 Bring your own lunch 1:00 Beginners Tramp - Beach Walk 1:00 Working Bee - afternoon tea provided</p> 			
<p>15 9:30 Coffee Morning 10:00 Music Appreciation and Karaoke - bring your favourite music 12:00 Bring your own lunch 1:15 Walking Group 1:15 Men's Group Pool at Papanui Club</p> 		<p>16 10:00 Coffee Morning 10:30 Museum Visit 12:30 Bring your own lunch 1:15 Swim/Aquajog at Pioneer (\$3.50) 1:30 Ten Pin Bowling (\$6.00) 3:00 West tidy up/clean</p> 		<p>17 9:30 Coffee Morning 10:00 News and Views Discussion Group 10:00 Art Group (\$2.50) 12:00 Bring your own lunch 1:00 Mosaics (\$4.00 plus cost of board) 1:00 Table Tennis with Stanmore at Blenheim Road (\$1.00) 4:00 Depart for Dinner at Papanui Club (Meals from \$13.50)</p> 		<p>18 9:30 Coffee Morning 10:00 Walking Group 10:30 Meals on Wheels 12:00 Bring your own lunch 1:00 Sewing with Petra (\$1.00) 1:00 Sport in the park</p> 		<p>19</p> <p style="text-align: center;">Easter Friday Step Ahead Closed</p> 			
<p>22</p> <p style="text-align: center;">Easter Monday Step Ahead Closed</p> 		<p>23 10:00 Coffee Morning 10:30 Housie - (bring a \$2.00 prize or play for the glory) 12:00 Bring your own lunch 1:00 Ten Pin Bowling (\$6.00) 1:15 Swim/Aquajog at Pioneer (\$3.50)</p> 		<p>24 9:30 Coffee Morning 10:30 Meals on Wheels 12:00 Bring your own lunch 1:00 Badminton at Cowles Stadium (\$2.50)</p> 		<p>10:00 Depart for BBQ at The Groynes (\$4.50)</p>  <p>Return by 4:00pm</p>		<p>25</p> <p style="text-align: center;">Anzac Day Step Ahead Closed</p> 		<p>26 9:30 Coffee Morning 10:30 Woodwork 10:30 Tai Chi (\$3.00) 12:00 Bring your own lunch 1:00 Exercise at West</p> 	
<p>29 9:30 Coffee Morning 10:00 Swimming at Jellie Park (\$3.50) 10:00 Technology Group - bring cell phone, camera or any tech gear plus questions 12:00 Bring your own lunch 12:30 Member Staff Liaison Meeting 1:30 Walking Group 1:30 Christian/Spiritual activity group - poetry in the park</p> 		<p>30 10:00 Coffee Morning 10:30 Library Visit 12:00 Bring your own lunch 1:00 Ten Pin Bowling (\$6.00) 1:15 Swim/Aquajog at Pioneer (\$3.50) 3:00 West tidy up/clean</p> 