























STEP AHEAD WEST ACTIVITIES - 5 Puriri St – APRIL 2018

Mane Monday	Turei Tuesday	Wenerei Wednesday	Taite Thursday	Paraire Friday	
<p>2</p> <p>Step Ahead Closed Easter Monday</p> 	<p>3</p> <p>10:00 Coffee Morning 10:30 Library visit 12:30 Bring your own lunch 1:15 Pick up for Swimming at Jellie Park (\$3.00) 1:30 Ten Pin Bowling (\$5.00)</p> 	<p>4</p> <p>Fletcher Place</p> <p>10:00 Coffee Morning 10:30 News and Views Discussion Group with morning tea (\$1.00) 10:30 Wool Craft (\$2.50) 12:30 Bring your own lunch 1:30 Mosaics (\$4.00 plus cost of board) 1:30 Badminton at Cowles Stadium (\$2.50)</p> 	<p>5</p> <p>10:00 Coffee Morning 10:30 Meals on Wheels 10:30 Walking Group 12:00 Bring your own lunch 1:00 Sewing with Petra (\$2.50 for materials etc.) 1:00 Healthy Baking - Pumpkin loaves (\$2.50) Bookings by 9am 4:00 Depart for dinner & Karaoke night at Stanmore (\$4.50)</p> 	<p>6</p> <p>10:00 Coffee Morning 10:30 Art with Karen 10:30 Tai Chi (\$3.00) 12:00 Bring your own lunch 1:00 Craft - op shopping and craft shopping. Bring \$\$</p> 	
<p>9</p> <p>10:00 Coffee Morning 10:00 Swimming at Jellie Park (\$3.00) 10:30 Fun Quiz 12:00 Bring your own lunch 1:00 Walking Group 1:00 Healthy Cooking for One - Vegetable noodles; bring one large cup of fresh vegie (\$1.00). Bookings by 9am</p> 	<p>10</p> <p>10:00 Coffee Morning 10:30 Board Games, Cards and Jigsaws 12:00 Bring your own lunch 1:00 Ten Pin Bowling (\$5.00) 1:15 Pick up for Swimming at Jellie Park (\$3.00)</p> 	<p>11</p> <p>Fletcher Place</p> <p>10:00 Coffee Morning 10:30 Geo-cache treasure hunt 10:30 Meals on Wheels 12:00 Depart for CBS concert with light lunch option (\$5 or \$10) 12:30 Bring your own lunch 1:30 Table Tennis with Stanmore 4:00 Depart for dinner at Tai Tapu Hotel. (Meals from \$14.00)</p> 	<p>12</p> <p>10:00 Coffee Morning 10:30 Walking Group 10:30 Music Appreciation and Karaoke - bring some favourite music 12:00 Bring your own lunch 1:00 Pool at the Papanui Club 1:00 Depart for Arion Farm visit (\$3.00)</p> 	<p>13</p> <p>10:00 Coffee Morning 10:30 Tai Chi (\$3.00) 10:30 Technology Group 12:00 Bring your own lunch 1:00 Exercise at West</p> <p>10:00 Depart for farmer's market at Ohoka plus local walks BYO lunch</p>  <p>Return by 4:00</p>	
<p>16</p> <p>10:00 Coffee Morning 10:00 Swimming at Jellie Park (\$3.00)</p>  <p>12:00 Bring your own lunch 1:00 Walking Group</p>	<p>10:00 Men's Group - sausage sizzle at Lake Hood (\$2.50) followed by local walk or golf</p>  <p>Return by 4:00</p>	<p>17</p> <p>10:00 Coffee Morning 10:30 Mosaics (\$4.00 plus cost of board) 12:30 Bring your own lunch 1:30 Ten Pin Bowling (\$5.00) and optional 2nd game \$5.00 1:15 Pick up for Swimming at Jellie Park (\$3.00)</p> 	<p>18</p> <p>Fletcher Place</p> <p>10:00 Coffee Morning 10:30 Wool Craft (\$2.50) 10:30 Indoor Bowls, Pool or Darts 12:30 Bring your own lunch 1:30 Badminton at Cowles Stadium (\$2.50) 1:30 Mosaics (\$4.00 plus cost of board)</p> 	<p>19</p> <p>10:00 Coffee Morning 10:30 Meals on Wheels 10:30 Walking Group 12:00 Bring your own lunch 1:00 Healthy Baking - ANZAC biscuits (\$2.50). Bookings by 9am 1:00 Sewing with Petra (\$2.50 for materials etc.) 4:00 Depart for dinner & Quiz night at Stanmore (\$4.50)</p> 	<p>20</p> <p>10:00 Coffee Morning 10:30 Tai Chi (\$3.00) 10:30 Craft - Jewellery Making (\$2.50) 10:30 Budget Lunch Preparation 12:00 Budget Lunch - Pumpkin Soup and Black Boy Peach Crumble (\$4.50). Bookings by 9am 12:00 Bring your own lunch 1:00 Meditation Group (optional display at gardens) 1:00 Beginners tramp - Kaiapoi Island</p> 
<p>23</p> <p>10:00 Coffee Morning 10:00 Swimming at Jellie Park (\$3.00) 10:30 Technology Group - bring cell phone, camera or any tech gear plus questions 12:00 Bring your own lunch 1:00 Walking Group 1:00 Canoeing on the Avon (\$7.00)</p> 	<p>24</p> <p>10:00 Coffee Morning 10:30 Housie - bring a \$2.00 prize or play for the glory 12:00 Bring your own lunch 1:00 Ten Pin Bowling (\$5.00) and optional 2nd game \$5.00 1:15 Pick up for Swimming at Jellie Park (\$3.00)</p> 	<p>25</p> <p>Step Ahead Closed Anzac Day</p> 	<p>26</p> <p>10:00 Coffee Morning 10:30 Walking group 12:00 Bring your own lunch 12:00 Women's Group - Depart for lunch at Kaiapoi Golf Club (meals from \$12.50) 4:00 Depart for dinner at New Brighton WMC (Meals from \$10.50)</p> 	<p>10:30 Depart for BBQ at Rangiora domain (\$4.50) followed by exploring local area and attractions or op shopping</p> <p>Return by 4:00</p> 	<p>27</p> <p>10:00 Coffee Morning 10:30 Tai Chi (\$3.00) 10:30 Woodwork group 12:00 Bring your own lunch 1:00 Eel feeding in Avon followed by walk around new buildings in central city</p> 
<p>30</p> <p>10:00 Coffee Morning 10:00 Swimming at Jellie Park (\$3.00) 10:30 Music Appreciation and Karaoke - bring some favourite music 12:00 Bring your own lunch 12:30 Member Staff Liaison Meeting 1:30 Walking Group - Botanic Gardens 1:30 Healthy Cooking for One - Chunky vegie Pie (\$1.00). Bookings by 9am. Bring approx. 2 cups of veg.</p> 