





















STEP AHEAD ACTIVITIES - 167 STANMORE ROAD, APRIL 2018

Mahe Monday	Turei Tuesday	Wenerei Wednesday	Taite Thursday	Paraire Friday
<p>2</p> <p>Step Ahead Closed Easter Monday</p> 	<p>3</p> <p>10:00 Art with Selwyn (\$2.50) 1:00 Swim/Aquajog at Pioneer (\$3.00) 1:00 Community Gardens 1:00 Music Group 1:00 Mosaics (\$4.00 plus cost of board) 1:00 Holistic Wellness Group - Animals as Healers etc</p> 	<p>4</p> <p>9:30 Men's Group Day Trip to Hanmer (optional swim \$10) 10:00 Gym Group - bring a towel (\$3.00) 10:30 Writers and Book Group - Welsh Poets and Writers from WW1 12:30 Lunch (\$2.50) 1:00 Ten Pin Bowling (\$5.00) 1:00 Documentary Group - watch & discuss 1:45 Badminton at Cowles Stadium (\$2.50) 1:00 Visit Japanese Craft Exhibition</p> 	<p>5</p> <p>10:00 Walking Group 10:00 Painting Techniques (\$2.50) 10:30 Meals on Wheels 1:00 Stone Carving (\$2.50) 1:00 Golf Day (\$5.00) 1:30 Swim/Relax at Pioneer (\$3.00)</p>  <p>5:00 Dinner & Karaoke night at Stanmore (\$4.50)</p>	<p>6</p> <p>9:00 Tramp - Porters Pass (See Chris or Di for details) 10:00 Open Craft 1:00 Sewing (\$2.50 for materials etc) 2:00 Christian Fellowship Group</p> 
<p>9</p> <p>10:00 Coffee Morning - Pikelets (\$1.50) 10:30 Open Craft 11:30 Women's Group - Lunch at "808" Belfast. (Meals from \$14) 1:00 Walking Group 1:00 Christian Fellowship DVD afternoon</p> 	<p>10</p> <p>10:00 Art with Selwyn (\$2.50) 11:30 Men's Group lunch at The Rockpool (Meals from \$14:00) 1:00 Swim/Aquajog at Pioneer (\$3.00) 1:00 Community Gardens 1:00 Music Group 1:00 Mosaics (\$4.00 plus cost of board) 1:00 Cooking for One - Vegetable Noodles- bring 1 large cup of fresh veggies (\$1.00)</p> 	<p>11</p> <p>10:00 Gym Group - bring a towel (\$3.00) 10:30 News and Views Discussion Group 12:30 Lunch (\$2.50) 1:00 Ten Pin Bowling (\$5.00) 1:00 Table Tennis at West Hall 1:00 Craft - Balloon Button Bowls (\$2.50)</p>  <p>5:00 Dinner at Tai Tapu Hotel. (Meals from \$14.00)</p>	<p>12</p> <p>10:00 Walking Group 10:00 Painting Techniques (\$2.50) 10:30 Meals on Wheels 12:30 Budget Lunch - Meat Loaf, potatoes, veggies and dessert (\$4.50) - Book by 10am 1:00 Stone Carving (\$2.50) 1:30 Swim/Relax at Pioneer (\$3.00) 1:30 Guest Speaker - Health and Disability Advocacy Service</p> 	<p>13</p> <p>10:00 Gym Group - bring a towel (\$3.00) 10:00 Open Craft 1:00 Sewing (\$2.50 for materials etc) 1:00 Garden Working Bee - afternoon tea provided 2:00 Christian Fellowship Group 1:30 Mountain Bike (Bike hire \$2.50)</p> 
<p>16</p> <p>10:00 Coffee Morning - Scones (\$1.50) 10:30 Open Craft 1:00 Women's Group - Walk and optional coffee at Sumner. Bring \$\$ 1:00 Walking Group</p> 	<p>17</p> <p>10:00 Art with Selwyn (\$2.50) 1:00 Swim/Aquajog at Pioneer (\$3.00) 1:00 Community Gardens 1:00 Music Group 1:00 Mosaics (\$4.00 plus cost of board)</p> 	<p>18</p> <p>10:15 Gym Group - bring a towel (\$3.00) 10:30 Writers and Book Group - Read, write and discuss short stories 12:30 Lunch (\$2.50) 1:00 Ten Pin Bowling (\$5.00) 1:00 Craft - Complete Balloon Button Bowls (\$2.50) 1:00 Social Group - see staff for details 1:00 Nutritionist (Dietary Advice) 1:45 Badminton at Cowles Stadium (\$2.50)</p> 	<p>19</p> <p>10:00 Walking Group 10:00 Painting Techniques (\$2.50) 10:30 Meals on Wheels 1:00 Stone Carving (\$2.50) 1:30 Swim/Relax at Pioneer (\$3.00) 1:00 Golf Day (\$5.00)</p>  <p>5:00 Dinner & Quiz night at Stanmore (\$4.50)</p>	<p>20</p> <p>9:00 Tramp Peak Hill, Lake Coleridge (See Chris or Di for details) 10:00 Open Craft 1:00 Sewing (\$2.50 for materials etc) 2:00 Christian Fellowship Group</p> 
<p>23</p> <p>10:00 Coffee Morning - Spicy Fruit Muffins (\$1.50) 10:30 Open Craft 1:00 Women's Group - Budget Advice speaker 1:00 Walking Group</p> 	<p>24</p> <p>10:00 Art with Selwyn (\$2.50) 1:00 Swim/Aquajog at Pioneer (\$3.00) 1:00 Community Gardens 1:00 Music Group 1:00 Mosaics (\$4.00 plus cost of board) 1:00 Cooking for One - Baked Spaghetti Casserole - bring 250gms of minced beef (\$1.00)</p> 	<p>25</p> <p>Step Ahead Closed Anzac Day</p> 	<p>26</p> <p>9:30 Fishing Day at Diamond Harbour 10:00 Walking Group 10:00 Painting Techniques (\$2.50) 10:30 Meals on Wheels 12:30 Budget Lunch - Sausages, Veggie Bake and dessert (\$4.50) - Book by 10am 1:15 Member Staff Liaison Meeting 2:00 Stone Carving (\$2.50) 2:00 Swim/Relax at Pioneer (\$3.00) 5:00 Dinner at New Brighton Working Mens Club (Meals from \$10.50)</p> 	<p>27</p> <p>10:00 Gym Group - bring a towel (\$3.00) 10:00 Open Craft 1:00 Sewing (\$2.50 for materials etc) 1:30 Mountain Bike (Bike Hire \$2.50) 2:00 Christian Fellowship Group</p> 
<p>30</p> <p>10:00 Coffee Morning - Savouries (\$1.50) 10:30 Open Craft 10:30 Women's Group - Day at Rangiora - op shopping and visit other local attractions. BYO lunch 1:00 Walking Group</p> 